

Faith G. Harper, PhD, LPC-S, ACS, ACN

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Educational Background

University of Texas at San Antonio

Doctoral Program in Counseling Education and Supervision

(CACREP Accredited Program)

PhD in Counselor Education and Supervision

Dissertation Topic: The Voices of Female Mental Health Professionals Working With American Indians with Co-Occurring Disorders: A Constructivist Grounded Theory

May 2013

University of Texas at San Antonio

M.A. in Community Counseling

December 2008

University of Oklahoma

B.A. in Psychology

December 1995

Professional Certification and Licensure

- Licensed Professional Counselor-Supervisor, State of Texas, License Number: 65055
- Certified Sexologist, American College of Sexology International; 2016
- Certified Applied Clinical Nutritionist; Texas College of Chiropractors; 2016
- Certified Hypnotherapist; The National Board for Certified Clinical Hypnotherapists (NBCCH); 2017
- Certified Integrated Wellness Life Coach; Integrated Wellness Academy; 2016
- Certified Holistic Therapist, ICOCS; 2016
- Reiki III (Reiki Master Practitioner), Usui-Takata Tradition, Reiki San Antonio; 2017
- Reiki II, Usui-Takata Tradition, Reiki San Antonio; 2017
- Reiki I, Usui-Takata Tradition, Reiki San Antonio; 2016
- Ask About Suicide to Save A Life Instructor Certification 2014
- Texas Department of State Health Services Approved Seeking Safety Trainer Certification 2013

- American Heart Association CPR Instructor-Trainer Certification; 2014; 2009, 2007, 2005, 2003, 2001, 1999, 1998
- Hearts Across the Border International Faculty Certification; 1999
- Texas State Board of Examiners of Professional Counselors CEU Provider Number: 224
- Texas State Board of Social Workers Examiners CEU Provider Number: 6772

Professional Employment History

Owner/Principle

A Healing Alternative Counseling and Wellness Services, LLC (Clinical Services and Training/Consulting Services)

06/2013-Current

Company provides a variety of services throughout the state of Texas related to mental health and wellness (private practice based in San Antonio, TX), wellness workshops, LPC board supervision, clinical, administrative, and reimbursement consultation (on an individual and agency basis), clinical records review, clinical training development, on-site training, and public speaking engagements. Ongoing contracts with multiple school districts, Department of State Health Services funded organizations, Early Childhood Intervention Programs, and Texas public school districts.

Clinical Director

The Grace Tree Foundation

03/2017 – Present

The Grace Tree Foundation was established to bring trauma-informed yoga and other somatic treatments into Bexar County and surrounding communities through community based classes, trainings, and outreach.

Vice-President/Community Development Coordinator

Sagata Thera Foundation, Incorporated

01/2017-Current

The Sagata Thera Foundation was established to provide community and clinical training as well as direct therapeutic care in response to the public health addictions crisis. SFT treatment principles are designed to operate in conjunction with or as an alternative to traditional 12 step treatment models, using medication assisted interventions, mindfulness training, and supportive technological resources.

Chief Financial Officer/Co-Founder

Say Something Real Press, LLC

01/2016-Current

SSR Press, LLC is an advocacy based publishing company focusing on publications that offer intersectional analysis of historical and current events with advocacy oriented solutions to systems-wide conflict.

Grant Monitor/Clinical Training Development Specialist/Master Trainer

Texans for Resilience and Recovery

09/2014-01/2017

A SAMHSA Funded Grant Initiative in Partnership with the Texas Federation of Families and Soberhood, Inc. Program provides training support, technical assistance, and research regarding the lived experiences of individuals with mental health, substance use, and trauma histories in the state of Texas. FY 2015 research report available upon request. FY 2016 training directory and peer provider training certification development currently underway.

Quality Assurance Administrator (QMHP-CS & QIDP Credentialed)

Center for Health Care Services (CHCS)

10/2012 – 08/2014

Duties include developing and implementing processes to evaluate and ensure delivery of quality services for all Child and Adolescent programs within CHCS, conducting comprehensive reviews for compliance and quality clinical care, and associated reporting requirements. Additional duties include clinical training to internal staff and outside providers contracting training services (i.e. DFPS, DSHS), developing processes for monitoring and oversight of service delivery, ensuring deviations from standards are identified and corrections implemented, designing and implementing qualitative and quantitative research within the children's behavioral health division, providing clinical management and oversight of 1115 Waiver Dual Diagnosis expansion projects, and providing comprehensive clinical consultative input and training to managerial and line staff.

Director of Outpatient (OP) Services

La Paz Community Mental Health Center

06/2012 – 09/2012

Duties include managing and developing the outpatient arm of the La Paz CMHC partial hospitalization program (PHP). Negotiated OP credentialing through different HMO providers, as well as paneling of contract therapists. Supervised scheduling, intake, and care coordination procedures for OP staff and clients. Managed continuity of care and service authorization issues with insurance providers. Instituted outcome measures in both PHP and OP, managing all statistical data for these measures. Updated center electronic health record to meet standards of local coverage determinations for Medicare, Medicaid, and credentialed HMOs to meet documentation requires necessary to demonstrate medical necessity. Provided outreach to community agencies (including the local court system and Child Protective Services), building OP client census exponentially.

Licensed Professional Counselor/Contract Therapist

La Paz Community Mental Health Center

07/2011-06/2012

Duties include providing both individual and group therapy in a partial hospitalization program setting. Populations served include individuals with thought disorders and mood disorders. Groups for senior citizens, trauma survivors, individuals with anger issues, and individuals with co-occurring disorders provided on a daily basis. Instituted and led a specialty group using a evidence-based dialectical behavioral therapy program. Provided CEU training services and developed curriculum for specialty groups.

Licensed Professional Counselor/Staff Therapist

Solara Behavioral Health Services

05/2010-07/2011

Duties include providing both individual and group therapy in a partial hospitalization program setting. Population served include individuals with thought disorders and mood disorders. Groups for senior citizens, trauma survivors, and individuals with co-occurring disorders provided on a daily basis.

Doctoral Graduate Research Assistant for Thelma Duffey, PhD

University of Texas at San Antonio

08/2009 – 08/2010

Various duties including: assist with teaching UTSA Community Counseling Internship Class, Fall, 2009, Marriage and Family Therapy: Grief and Loss; Spring, 2010, and May 2010 Beyond Grief and Loss minimester. Assisted with paperwork and completion of required forms for University; assisted with syllabi preparation; assisted with research and literature review for faculty writing projects; designed WebCT and Blackboard content for university classes.

Qualified Mental Health Professional/Licensed Professional Counselor

Telecare Mental Health Services

05/2005-11/2010

Member of an Assertive Community Treatment team providing intensive cognitive behavioral therapy and dialectical behavior therapy (as a counseling intern and LPC-Intern) as well psychosocial rehabilitation, case management, medication management, and legal advocacy services to Bexar County residents diagnosed with schizophrenia, schizoaffective disorder, or bipolar disorder who qualify under the Texas Recommended Assessment Guidelines (TRAG) for service package 4 (ACT) services. In-house training specialist for CPR, First Aid, and AED for both nursing and clinical staff. Facility coordinator for on-site AED program through Medtronic Emergency Response Systems.

Training Coordinator/Instructor

American Heart Association (Golden Hour Training Consultants)

10/1999 – 05/2005

Small business owner providing training and certification in health, safety, and emergent care. Services beyond on-site training include providing corporate, industrial, medical, and educational consultation on establishing emergency activation plans, policies and procedures, continuous quality assurance, compliance for all federal and state mandated standards (i.e., OSHA, EPA, DOT, TDH), and public relations (including press releases) for successful corporate training programs. Accreditation includes American Heart Association, American Safety and Health Institute, Texas CPR, and Hearts Across The Border. Columnist in the American Heart Association's Currents in Emergency Cardiovascular Care Summer 2000, Summer 2001, Fall 2001. Served on the Currents in Emergency Cardiovascular Care Board of Directors in the capacity of the Adult Education Specialist.

Assistant Program Director/Training Coordinator

Skyview Living Centers of San Antonio

05/1999 – 10/1999

Directly responsible for all employee recruitment, hiring, and initial training. Coordinator/presenter for company orientation program for all new facility employees. Coordinated all initial and follow-up training for direct-care staff. Designed database system for, and maintained orientation/in-service records for all company employees. Managed training budget for entire facility. Ensured all training programs were in accordance with ICF-MR standards as well as other state and federal regulatory agencies. Acting program director in the absence of the center's program director. Acting QIDP direct-care case manager (formerly referred to as QMRP) one weekend a month in rotation with staff case managers. Developed and implemented employee incentive program, chaired Human Rights Committee, served on the safety committee.

Supervisor/Training Coordinator

Child Abuse Prevention Services

06/1997-05/1999

Designed and implemented organizational supervisory structure to meet contract requirements and staff needs. Direct supervisor to 50% of family support services team, providing weekly caseload staffing and professional goal development, coordination with other team supervisors, management of all personnel supervision records, and completion of all chart audits. Organized and provided all new employee orientation training. Worked within established agency budget to provide ongoing, continuing education for established staff members to meet individual and team goals. Editor of monthly client newsletter.

Family Support Worker/Alternative School Program Facilitator

Child Abuse Prevention Services

10/1997-06/1998

Provided intensive case management including weekly home visits to first-time teen parents, promoting child development, positive parent/child interaction and healthy family functioning. Responsible for client psychometrics, services plans, and progress documentation for a caseload of 15 families. Teacher and course developer in ongoing contracted parenting groups. Wrote and developed state certified curriculum that established the standard of care for all staff caseworkers to utilize with contracted parenting groups.

Activity Therapist

Texas Department of Mental Health and Mental Retardation (Kerrville State Hospital)

09/1996-10/1997

Designed and conducted therapeutic activities to meet the age, gender, and ethnic needs of adults and geriatrics with psychiatric illness. Responsible for the documentation of weekly progress of individuals served in order to report on achievement/regression related to individual participation and response to activities offered.

Houseparent/Case Manager

Star Ranch

04/1996—09/1996

Worked with learning disabled, emotionally disturbed, sexually abused boys at a ranch setting psychiatric treatment facility. Educational liaison to area alternative educational program, providing tutoring, counseling, and life skills classes. Designed treatment plans with emphasis on behavior and reality therapy and managed cases of 8.

Courses Taught

(Syllabi and Course Evaluations Available Upon Request)

Field Based Internship (COU 5713)

Catalog Description: (3-0) 3 hours credit. Master's status. This internship provides a counseling experience in support of the master's student internship experience. The course will offer opportunities for growth in skills, knowledge and personal development as a master's level practitioner.

Career Development and Choice (COU 6153)

Catalog Description: (3-0) 3 hours credit. Master's status. A study of theories of occupational choice and career development and their application to the guidance and counseling proves. Identification and utilization of various types of occupational information and resources in counseling and guidance programs.

Publications

Books

Harper, F. G. (in press). *Depression*. Portland, OR: Microcosm Publishing.

Harper, F. G. (in press). *Relationshiping*. Portland, OR: Microcosm Publishing.

Harper, F. G. (in press). *The revolution isn't done with you yet*. San Antonio, TX: Say Something Real Press, LLC.

Harper, F. G. (in press). *This is your brain on anxiety: What happens and what helps*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2017). *Unf*ck your brain: Reboot your wiring to move past stress, depression, and anxiety (... and, you know, take back your life)* Portland, OR: Microcosm Publishing.

Harper, F. G. (2016). *The revolution will include cookies*. San Antonio, TX: Say Something Real Press, LLC.

Pamphlets

Harper, F. G. (2017). *Emotional freedom technique (EFT): Combining ancient acupuncture with modern science*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2017). *Surviving: Getting through the shit life throws at you*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2017). *This is your brain on PTSD: Trauma recovery using brain science*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2017). *Unfuck your brain workbook*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2017). *Working: Makin' paper without losing your mind or selling your soul*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2016). *Adulting: How to be an adultier adult*. Portland, OR: Microcosm Publishing.

Harper, F.G. (2016). *Coping skills*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2016). *Dating: It's not relationshiping and that's a good thing*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2016). *Defriending: Navigating the friendship breakup*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2016). *Getting over it*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2016). *Relationshiping: Loving differently, because rules are for games*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2016). *The revolution won't forget the holidays: Recipes for food allergies and special diets that don't suck*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2016). *This is your brain on addiction*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2016). *This is your brain on anger. What it is, how to deal*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2016). *This is your brain on anxiety. What happens and what helps*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2016). *This is your brain on depression*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2016). *This is your brain on grief: What to do and say (and not) for yourself and others*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2015). *BDSM FAQ: Your Antidote to 50 Shades of Grey*. Portland, OR: Microcosm Publishing.

Sapp, A., Scott, B. & Harper, F. G. (2017). *STI FAQ: Keep calm and learn real facts about sexually transmitted diseases*. Portland, OR: Microcosm Publishing.

Scott, B. & Harper, F. G. (2017). *Woke parenting: Doing our best to raise intersectional feminist, empathic, engaged, and generally non-shitty kids*. Portland, OR: Microcosm Publishing.

Refereed Publications

Harper, F. G. (2011). With all my relations: Counseling American Indians and Alaska Natives within a familial context. *The Family Journal*, (19)4, 434-439. doi: 10.1177/1066480711419818

Harper, F. G., Melton, B., & Campbell, B. (2011). Relational proficiencies in counseling supervision: The '5 good things' in practice. *Graduate Research Journal*, 4. Retrieved from <http://www.grjsite.com/volume-4/32-relational-proficiencies-in-counseling-supervision-the-5-good-things-in-practice.html>

Harper, F. G. (2010). Advocating for whole health: The role of the mental health professional in promoting diet, nutrition, and management of physical disease with American Indian clients. *Journal of Creativity in Mental Health*, 5., 275-289. doi: 10.1080/15401383.2010.507596

Harper, F. G. (2010). Walking the good red road: Storytelling in the counseling relationship using the film *Dreamkeeper*. *Journal of Creativity in Mental Health*, 5, 216-220. doi:10.1080/15401383.2010.485119

White Papers and Monographs

Harper, F. G. (2016). *Peer supervision toolkit*. Austin, TX: Texans for Recovery and Resiliency.

Harper, F. G. (2015). *Texas talks back: A grounded theory of the lived experience of Texans and their loved ones in recovery from co-occurring disorders*. Austin, TX: Texans for Recovery and Resiliency.

Texas Association of Lesbian, Gay, Bisexual and Transgender Issues in Counseling (2014). *White paper on sexual orientation change efforts*. Austin, TX: Author.

Non-Refereed and Invited Publications

Harper, F. G. (2017, Fall). From competition to cohesion: What triggers our inner mean girl and how to shift our thinking. *Disfunkshion Magazine, Volume 27*, 44-45.

Harper, F. G. (2017, Fall). Permission for imperfection: Healing by gentling body image expectations. *Disfunkshion Magazine, Volume 27*, 42-43.

Harper, F. G. (2017, Fall). The Intimacy Dr: Dear Intimacy Dr – Am I a sex addict? Out in SA.

Harper, F. G. (2017, Summer). The Intimacy Dr: Knot Applicable – BDSM in real life. Out in SA. Retrieved from <http://outinsa.com/knot-applicable-bdsm-real-life/>

Harper, F. G. (2017, Winter). The Intimacy Dr: Intimacy in the face of fear. Out in SA. Retrieved from <http://outinsa.com/intimacy-face-fear/>

Harper, F. G. (2016, Fall). What to say when you have no clue what to say. *TALGBTIC Newsletter*.

Harper, F. G. (2016, Fall). The Intimacy Dr: Eating clean to get dirty. *Out in SA*. Retrieved from <http://outinsa.com/eating-clean-to-get-dirty/>

Harper, F. G. (2016, Summer). The Intimacy Dr: Battling the sex-life hobgoblins of negative body image and performance anxiety. *Out in SA*. Retrieved from <http://outinsa.com/battling-the-sex-life-hobgoblins-of-negative-body-image-and-performance-anxiety/>

Harper, F. G. (2016, Summer). Intersex identity. *TALGBTIC Newsletter*.

Harper, F. G. (2016, Summer). Allyship in action. *TALGBTIC Newsletter*.

Harper, F. G. (2016, Spring). The Intimacy Dr: One-week stands and U-Hauling. *Out in SA*. Retrieved from <http://outinsa.com/one-week-stands-and-u-hauling/>

Harper, F. G. (2016, April 20). Best Adult Store: Best of San Antonio. *San Antonio Current*. Retrieved from <http://www.sacurrent.com/sanantonio/best-adult-store/BestOf?oid=2521832>

Harper, F. G. (2016, March 9). Sometimes your evening isn't complete without a sex toy purchase: Late-night pleasure. *San Antonio Current*. Retrieved from <http://www.sacurrent.com/sanantonio/sometimes-your-evening-isnt-complete-without-a-sex-toy-purchase/Content?oid=2512363>

Harper, F. G. (2016, Feb 24). Snag a naughty novelty. *San Antonio Current San Antonio City Guide 2016*. Retrieved from <http://www.sacurrent.com/sanantonio/snag-a-naughty-novelty/Content?oid=2508894>

Harper, F. G. (2015, Winter). The Intimacy Dr: Sexy gifting on point. *Out In SA*. Retrieved from <http://outinsa.com/sexy-gifting-on-point/>

Harper, F. G. (2015, Fall). It's like...Tai Chi. *TALGBTIC Newsletter*.

Harper, F. G. (2015, August 27). The Intimacy Dr: Flibanserin does not produce girl wood: An Addyi FAQ. *Out In SA*. Retrieved from <http://outinsa.com/flibanserin-does-not-produce-girl-wood-an-addyi-faq/>

Harper, F. G. (2015, August 25). The Intimacy Dr: My kid came out to me, and now to you. *Out in SA*. Retrieved from <http://outinsa.com/my-kid-came-out-to-me-and-now-to-you/>

Harper, F. G. (2015, July 8). The Intimacy Dr: Dear Intimacy Dr: When is it OK to cheat? *Out in SA*. Retrieved from <http://outinsa.com/dear-intimacy-doctor-when-is-it-ok-to-cheat/>

- Harper, F. G. (2015, July 8). The Intimacy Dr: There is only one key to relational happiness. *Out in SA*. Retrieved from <http://outinsa.com/there-is-really-only-one-key-to-relationship-happiness/>
- Harper, F. G. (2015, June 15). The Intimacy Dr: #swingerprobs. *Out in SA*. Retrieved from <http://outinsa.com/swingerprobs/>
- Harper, F. G. (2015, June 2). The Intimacy Dr: Answering your kids sex questions. *Out in SA*. Retrieved from <http://outinsa.com/answering-your-kids-sex-questions/>
- Harper, F. G. (2015, May 5). The Intimacy Dr: Perving in the age of the digital footprint. *Out in SA*. Retrieved from <http://outinsa.com/perving-in-the-age-of-the-digital-footprint/>
- Harper, F. G. (2015, April 2). The Intimacy Dr: Dear Intimacy Dr: Am I a dick? *Out in SA*. Retrieved from <http://outinsa.com/dear-intimacy-doctor-am-i-a-dick/>
- Harper, F. G. (2015, March 17). The Intimacy Dr: Excuse me? You wanna do what? Navigating differential desires. *Out in SA*. Retrieved from <http://outinsa.com/excuse-me-you-wanna-do-what-navigating-differential-desires/>
- Harper, F. G. (2015, March 5). The Intimacy Dr: Gender is between your ears, Not between your legs (Notes on deconstructing the binary). *Out in SA*. Retrieved from <http://outinsa.com/gender-is-between-your-ears-not-between-your-legs-notes-on-deconstructing-the-binary/>
- Harper, F. G. (2014, December 8). The Intimacy Dr: Hey Lena Dunham? Thank you. *Out in SA*. Retrieved from <http://outinsa.com/hey-lena-dunham-thank/>
- Harper, F. G. (2014, December 1). The Intimacy Dr: The Intimacy Dr shops for sex toys. *Out in SA*. Retrieved from <http://outinsa.com/intimacy-doctor/>
- Harper, F. G. (2014, Fall). A message from the president. TALGTBTIC Newsletter. Retrieved from <http://us7.campaign-archive1.com/?u=7ab5b882d5b63c359f5089fbd&id=d2e77e2bae>
- Harper, F. G. (2014, Fall). Exploring intimacy: Surrogate partner therapy. *TALGTBTIC Newsletter*. Retrieved from <http://us7.campaign-archive1.com/?u=7ab5b882d5b63c359f5089fbd&id=d2e77e2bae>
- Harper, F. G. (2014, October 5). Book review: 'The Price of Silence' by Liza Long. *The Rivard Report*. Retrieved from <http://therivardreport.com/call-casseroles-review-price-silence-liza-long/>

- Harper, F. G. (2014, September 25). The Intimacy Dr: Go f*ck yourself. *Out in SA*. Retrieved from <http://outinsa.com/go-fck/>
- Harper, F. G. (2014, August 31). Date like a therapist. *The Rivard Report*. Retrieved from <http://therivardreport.com/date-like-therapist-faith-harper/>
- Harper, F. G. (2011). Recovery through community employment. *TCDA Directions*, 1(1), 3.
- Harper, F. G. (2010). A review of the book *In the Sun's House* by Kurt Caswell. *Education Review*. Retrieved from <http://edrev.asu.edu/reviews/rev928.pdf>
- Harper, F. G. (2010). A review of the book *Relational-Cultural Theory* by Judith V. Jordan. *Journal of Creativity in Mental Health*, 5, 105-106. DOI: 10.1080/15401381003627368
- Buzzetta, M., Harper, F. G., & Lokey, J. P. (2010). From surviving to thriving: 10 suggestions for success in a doctoral program. *Guidelines*.
- Harper, F., & Molino, L. N. (2001). Teaching the adult learner: Part I -- An evidenced based plan for success. *Currents in Emergency Cardiovascular Care*, 12(2), 14-15.
- Harper, F., & Molino, L. N. (2001). Teaching the adult learner: Part 2 -- An evidenced based plan for success. *Currents in Emergency Cardiovascular Care*, 12(3), 14-1

Completed Community Health Agency Based Research

Peer To Peer Support Partner Training Needs: Texans For Resiliency and Recovery (Delphi Study)

Texas Talks Back: Texans for Resiliency and Recovery (Mixed Methods Research)

Children's Crisis Service Utilization (Crisis Etiology, Crisis Disposition, Crisis Services Usage Patterns) (Mixed Methods Research)

Client and Family Satisfaction (Mixed Methods Research)

Clinical Skill Development and Retainment (Quantitative Research)

Family Empowerment and Advocacy (Quantitative Research)

Presentations

Conference Presentations

- Harper, F. G. (2015, November). *Trauma and Brain Development in Youth*. Content session presented at SoberHood Recovery Conference, Austin, TX.
- Harper, F. G. (2015, November). *Texas Talks Back Survey Findings*. Content session presented at SoberHood Recovery Conference, Austin, TX.
- Harper, F. G., & Melonson, C. (2015, May). *Crossing The T In Trans: Supporting LGBT Students*. Content session presented at ClarityCon, San Antonio, TX.
- Harper, F. G., & Munsey, R. (2014, November). *Relational Competencies for Ethical Allyship*. Content session presented at the Texas Counseling Association (TCA) Professional Development Conference, Dallas, TX.
- Harper, F. G., & Munsey, R. (2014, May). *Relational Competencies for Ethical Allyship*. Content session presented at the Texas Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling (TALGBTIC) Annual Day of Learning Conference, San Antonio, TX.
- Harper, F. G., & Warren, A. (2014, May). *Bullying and Children's Mental Health*. Content session presented at ClarityCon, San Antonio, TX.
- TALGBTIC Board (2014, Jan). *More Than Skin Deep: Counseling Competencies for Working with LGBTQ Clients*. Content session presented at the Texas Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling (TALGBTIC) Annual Day of Learning Conference, San Antonio, TX.
- TALGBTIC Board (2014, Jan). *More Than Skin Deep: Counseling Competencies for Supervising Students Working With LGBTQ Clients*. Content session presented at the Texas Association for Counselor Education and Supervision (TACES) Annual Mid-Winter Conference, Austin, TX.
- Warren, A. S., Harper, F. G., Rodriguez-Dypuros, C. (2012, Jan). *Peccadilloes: Ethically Addressing Sex, Dysfunctions, and Divergent Sexual Desires with Clients*. Presentation conducted at the South Texas Counseling Association (STCA) Winter Workshop, San Antonio, TX.
- Melton, B., Harper, F. G., & Campbell, B. P. (2011, Feb). *Relational proficiencies in counseling supervision: The '5 good things' in practice*. Poster session

presented at the Texas Association for Counselor Education and Supervision (TACES) Annual Mid-Winter Conference, Austin, TX.

Invited Presentations

Note: From 10/2014 to Present, I have become a full-time private practice clinician, consultant and professional trainer. I have ongoing contracts for multiple agencies, programs, and school districts. Between these paid positions and my continued service work throughout the state of Texas, I present and/or train several times a month, this list would be extensive if these trainings were included here. References about my work and more information about my current contracts and training experience is available upon request.

Harper, F. G. (2014, May). *Autism Spectrum Disorder and the DSM V*. Center for Healthcare Services. San Antonio, Texas.

Harper, F. G. (2014, May). *Ethical Supervision in Practice*. Center for Healthcare Services. San Antonio, Texas.

Harper, F. G. (2014, Feb). *Peccadilloes: Ethically Addressing Sex, Dysfunctions, and Divergent Sexual Desires with Clients*. Center for Healthcare Services. San Antonio, Texas.

Harper, F. G. (2013, October). Shame, Sex, and Silence. TEDxSanAntonio. San Antonio, Texas. (<https://www.youtube.com/watch?v=kMyyRBZkqVU>)

Harper, F. G. (2013, Aug). *Peccadilloes: Ethically Addressing Sex, Dysfunctions, and Divergent Sexual Desires with Clients*. Center for Healthcare Services. San Antonio, Texas.

Harper, F. G. (2013, July). *Cognitive Behavioral Therapy and the Cognitive Therapy Rating Scale [CTRS]*. University of Texas at San Antonio Counseling Theories Class. San Antonio, Texas.

Harper, F. G. (2013, July). *Poverty, Social Inequality, and Mental Health*. University of Texas at San Antonio Multicultural Counseling Class. San Antonio, Texas.

Harper, F. G. (2013, July). *Counseling Indigenous Populations*. University of Texas at San Antonio Multicultural Counseling Class. San Antonio, Texas.

Harper, F. G. (2013, Jun). *De-escalating Mental Health Crisis in Children and Youth*. Bexar County Children's Crisis Intervention Training. San Antonio, Texas.

- Harper, F. G. (2013, May). *Cognitive Behavioral Therapy and the Cognitive Therapy Rating Scale [CTRS]*. University of Texas at San Antonio Counseling Theories Class. San Antonio, Texas.
- Harper, F. G. (2013, Mar). *Psychotropic Medications and Children's Behavioral Health*. Department of Family and Protective Services. San Antonio, Texas.
- Harper, F. G. (2013, Mar). *Peccadilloes: Ethically Addressing Sex, Dysfunctions, and Divergent Sexual Desires with Clients*. Center for Healthcare Services. San Antonio, Texas.
- Harper, F. G. (2012, Mar). *Peccadilloes: Ethically Addressing Sex, Dysfunctions, and Divergent Sexual Desires with Clients*. La Paz Community Mental Health Center, Continuing Education Series. San Antonio, Texas.
- Warren, A. S. & Harper, F. G. (2012, Feb). *Peccadilloes: Ethically Addressing Sex, Dysfunctions, and Divergent Sexual Desires with Clients*. at Ames High: Laurel Ridge Treatment Center. San Antonio, TX.
- Post, S. A., & Harper, F. G. (2011, December). *Meditate or Medicate? Therapeutic Mindfulness in Practice*. La Paz Community Mental Health Center, Continuing Education Series. San Antonio, Texas.
- Harper, F. G. (2011, September). *Self-Compassion and Counselor Self Care*. La Paz Community Mental Health Center, Continuing Education Series. San Antonio, Texas.
- Harper, F. G. (2011, September). *SOAP Notes in Clinical Practice*. University of Texas at San Antonio, Practicum in Community Counseling Class. San Antonio, Texas.
- Harper, F. G. (2011, August). *The Enneagram: A Personality Assessment Tool*. University of Texas at San Antonio, Advanced Assessment Class. San Antonio, Texas.
- Harper, F. G. (2009, October). *Reality Therapy and Choice Theory*. University of Texas at San Antonio, Counseling Theories Class. San Antonio, Texas.

Other Curriculum Development

Because I do extensive training work as a professional consultant/trainer my curriculum development list is extensive.

Common topics include: Cognitive Behavior Therapy (CBT), trauma treatment and recovery, brain development, working with LGBT individuals, differential diagnosis, treatment of depression, treatment of anxiety, treatment of developmental disorders/spectrum disorders, treatment of ADHD, suicide assessment, mental status examinations, clinical documentation and billing, collaborative documentation, ethics, and clinical supervision

Sample curricula available upon request.

Service Activities

National/International Service

Clinical Director

Grace Tree Foundation

The Grace Tree Foundation was established to bring trauma-informed yoga and other somatic treatments into Bexar County and surrounding communities through community based classes, trainings, and outreach.

Vice President

Sagata Thera Foundation (STF)

STF has a mission of promoting wellness in the mental health and substance use communities using mindfulness, technology, and medication assisted treatment for substance use disorders.

Editorial Assistant

The Journal of Creativity in Mental Health (JCMH)

2009 – 2011

JCMH is an international refereed journal published quarterly by Taylor and Francis Press.

State Service

President Emeritus and Board Member

Texas Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (TALGBTIC)

2015-2016

TALGBTIC is a subdivision of the Texas Counseling Association

President

Texas Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (TALGBTIC)

2014-2015

TALGBTIC is a subdivision of the Texas Counseling Association

President-Elect

Texas Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (TALGBTIC)

2013-2014

TALGBTIC is a subdivision of the Texas Counseling Association

Board Member

Texas Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (TALGBTIC)

2012-2013

TALGBTIC is a subdivision of the Texas Counseling Association

Conference Committee

Texas Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (TALGBTIC) Annual Conference

2012

TALGBTIC is a subdivision of the Texas Counseling Association.

Associate Editor

TCDA Directions

2010-2011

TCDA Directions is a publication by the Texas Career Development Association

Local Service

Board Member

The Center – Pride Center of San Antonio

2016-Present

The mission of The Center – Pride Center San Antonio is to serve the lesbian, gay, bisexual, transgender and HIV communities by connecting them and their families to community resources and organizations related to health, wellness, support, education, activities, and advocacy.

Professional Development

YogaFit Level One Instructor Training (June 2017). *YogaFit International*. San Antonio, TX.

Yoga To Transform Trauma Teacher Certification and Leadership Training (March 2017). *Yoga To Transform Trauma with 5 Points Local Yoga*. San Antonio, TX.

Prolonged Exposure Therapy (February, 2017). *Center for Deployment Psychology*. Bethesda, MD.

Reiki III, Reiki Master Practitioner, Usui-Takata Method (January, 2017). *Reiki San Antonio*. San Antonio, TX.

Reiki II, Usui-Takata Method (January, 2017). *Reiki San Antonio*. San Antonio, TX.

Expanded Prolonged Exposure Therapy (December, 2016). *Center for Deployment Psychology*. Bethesda, MD.

Reiki I, Usui-Takata Method (November, 2016). *Reiki San Antonio*. San Antonio, TX.

Holistic Therapy (August, 2016). *ICOCS*. Ireland.

Integrated Wellness Life Coaching (Summer, 2016). *Integrated Wellness Academy*. Los Angeles, CA.

Cognitive Processing Therapy (June, 2016). *Center for Deployment Psychology*. Bethesda, MD.

Critical Incidents, Stress Management, and Performance Psychology in High Stress Occupations (January, 2016). *Laurel Ridge Treatment Center*. San Antonio, TX.

Cognitive Processing Therapy (May, 2015). *Laurel Ridge Treatment Center*. San Antonio, TX

Self-Compassion and Emotional Resilience (Jan, 2015). *Oblate School of Theology*. San Antonio, TX

ASK About Suicide To Save A Life Train the Trainer (July, 2014). *Center for Healthcare Services (in partnership with Texas Suicide Prevention)*. San Antonio, TX.

Leadership Conference (June, 2014). *Texas Counseling Association*. Clear Lake, TX.

Parent Child Interactive Therapy Certification Training Part 2 – Completion of Live Training Component (June, 2014). *Center for Healthcare Services (in partnership with Department of State Health Services)*. San Antonio, TX

American Heart Association Basic Life Support, Heartsaver, and First Aid Instructor Certification (May, 2014). *Life Compressions*. Floresville, TX.

Texas Quality Management Consortium (April, 2014). *Texas Council of Community MHMR Centers*. Austin, TX.

Advanced Trauma-Focused Cognitive Behavior Therapy (March, 2014). *Heart of Texas Region MHMR*. Waco, TX.

Parent Child Interactive Therapy Certification Training Part I (March, 2014). *Depelchin Children's Center (in partnership with the Department of State Health Services)*. Houston, TX

National Council for Mental Health Trauma Informed Care Learning Collaborative (February, 2014-February, 2015). *National Council for Mental Health*. Washington, DC.

Addictions Treatment and Recovery: How To Dance With An Addict (February, 2014). *Ecumenical Center for Religion and Health*. San Antonio, TX.

Applied Suicide Intervention Skills Training (February, 2014). *Bluebonnet Trails Community Services*. San Antonio, TX.

SAMHSA's Supported Employment as Evidence Based Practice (February, 2014). *Center for Health Care Services*. San Antonio, TX

SAMHSA's Supported Housing as Evidence Based Practice (February, 2014). *Center for Health Care Services*. San Antonio, TX

Texas Association for Counselor Education and Supervision (TACES) Annual Mid-Winter Conference (February, 2014). Texas Association for Counselor Education and Supervision. Austin, TX.

Mental Health First Aid Train the Trainer (January, 2014). *Center for Health Care Services (in partnership with Mental Health First Aid USA)*. San Antonio, TX.

Texas Quality Management Consortium (January, 2014). *Texas Council of Community MHMR Centers*. Austin, TX

Parent Child Interactive Therapy for Traumatized Children (December, 2013). *University of California Davis*. Web-Based Training

Illness Management and Recovery Certification (December, 2013). *University of Texas San Antonio Health Science Center*. Web-Based Training.

Texas Counseling Association 57th Annual Professional Conference (November, 2013) *Texas Counseling Association*. San Antonio, TX.

Adlerian Play Therapy (November, 2013). *Ecumenical Center for Religion and Health*. San Antonio, TX.

Texas Quality Management Consortium (September, 2013). *Texas Council of Community MHMR Centers*. Austin, TX

Department of State Health Services Certified Cognitive Behavioral Therapy Supervisor Training (August, 2013). *Center for Health Care Services*. San Antonio, TX.

Non-Suicidal Self Injury (June, 2013). *Ames High: Laurel Ridge Treatment Center*. San Antonio, TX.

Department of State Health Services Documentation Train the Trainer (June, 2013). *Center for Health Care Services*. San Antonio, TX.

Trauma Focused-Cognitive Behavioral Therapy (June, 2013). *University of Texas Health Science Center*. San Antonio, TX.

Seeking Safety Train the Trainer (February, 2013). *Center for Health Care Services*. San Antonio, TX

Texas Association for Counselor Education and Supervision (TACES) Annual Mid-Winter Conference (February, 2013). *Texas Association for Counselor Education and Supervision*. Austin, TX.

Aggression Replacement Training (January, 2013). *Center for Health Care Services*. San Antonio, TX

Child and Adolescent Strengths and Needs Assessment [CANS] Train the Trainer (December, 2012). *Department of State Health Services*. Round Rock, TX.

Treating Childhood Traumatic Grief with Trauma Focused Cognitive Behavior Therapy (November, 2012). *Medical University of South Carolina*. Web-Based Training.

Trauma Focused Cognitive Behavior Therapy (November, 2012). *Medical University of South Carolina*. Web-Based Training.

Multicultural Competence: Applying the Multicultural Counseling Competencies in Groups (November, 2011). *La Paz Community Mental Health Center, Continuing Education Series*. San Antonio, TX.

Texas Association for Counselor Education and Supervision (TACES) Annual Mid-Winter Conference (February, 2011). Texas Association for Counselor Education and Supervision. Austin, TX.

Managing Self-Harm & Suicide (November, 2010). *Ames High: Laurel Ridge Treatment Center*. San Antonio, TX.

Being Your Own Best Friend (February, 2010). *Shambala Meditation Center*. San Antonio, TX.

Recovery Centered Clinical System (October, 2009). *Telecare Corporation*. San Antonio, TX.

Ethical Boundaries: A Focus on Spirituality. (February, 2008). *Ames High: Laurel Ridge Treatment Center*. San Antonio, TX.

The Adapted Family Debriefing Model: A Post-Suicide Intervention for Survivors (January, 2007). *Ames High: Laurel Ridge Treatment Center*. San Antonio, TX.

Suicide and Life-Threatening Behaviors: Assessment and Intervention Strategies (June, 2006). *Ames High: Laurel Ridge Treatment Center*. San Antonio, TX.

Professional Affiliations

- The Center – Pride Center of San Antonio
- Sagata Thera Foundation
- Texas Counseling Association (TCA)
- Texas Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (TALGBTIC)
- Texas Association for Counselor Education and Supervision (TACES)
- Texas Counselors for Social Justice (TXCSJ)
- South Texas Counseling Association (STCA)
- Society of Indian Psychologists (SIP)
- Society for the Psychology of Women (SPW)
- Society for the Psychology of Women, Alaska Native/American Indian/Indigenous
- Native Research Network, Inc.
- World Health Organization Trauma Informed Care Subject Matter Expert Committee (WHO)
- International Transformational Resilience Coalition (ITRC)
- Mind Body Network (MBN)