

Faith G. Harper, PhD, LPC-S, ACS, ACN

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Educational Background

University of Texas at San Antonio
Doctoral Program in Counseling Education and Supervision
(CACREP Accredited Program)
PhD in Counselor Education and Supervision
*Dissertation Topic: The Voices of Female Mental Health Professionals Working
With American Indians with Co-Occurring Disorders: A Constructivist Grounded
Theory*
May 2013

University of Texas at San Antonio
M.A. in Community Counseling
December 2008

University of Oklahoma
B.A. in Psychology
December 1995

Professional Certification and Licensure

- Licensed Professional Counselor-Supervisor, State of Texas, License Number: 65055
- Certified Sexologist, American College of Sexology International; 2016
- Certified Applied Clinical Nutritionist; Texas College of Chiropractors; 2016
- Certified Meditation Teacher, Meditation Alliance International, 2021
- Registered Yoga Teacher (500 hour), World Yoga Federation, 2021
- Certified Hypnotherapist; The National Board for Certified Clinical Hypnotherapists (NBCCH); 2017
- Certified Integrated Wellness Life Coach; Integrated Wellness Academy; 2016
- Certified Holistic Therapist, ICOCS; 2016
- Certified Clinical Trauma Professional (CTP), Evergreen, 2021
- Certified Shame-Informed Treatment Specialist (CSTS), Evergreen, 2021
- ADHD Certified Clinical Services Provider, Evergreen, 2021
- Reiki III (Reiki Master Practitioner), Usui-Takata Tradition, Reiki San Antonio; 2017
- Reiki II, Usui-Takata Tradition, Reiki San Antonio; 2017

- Reiki I, Usui-Takata Tradition, Reiki San Antonio; 2016
- Texas Department of State Health Services Approved Road To Recovery: Supporting Children With Intellectual and Developmental Disabilities Who Have Experienced Trauma, 2018
- Ask About Suicide to Save A Life Instructor Certification 2014
- Texas Department of State Health Services Approved Seeking Safety Trainer Certification 2013
- American Heart Association CPR Instructor-Trainer Certification; 2014; 2009, 2007, 2005, 2003, 2001, 1999, 1998
- Hearts Across the Border International Faculty Certification; 1999
- Texas State Board of Examiners of Professional Counselors CEU Provider Number: 224
- Texas State Board of Social Workers Examiners CEU Provider Number: 6772

Professional Employment History

Owner/Principle

A Healing Alternative Counseling and Wellness Services, LLC (Clinical Services and Training/Consulting Services)

06/2013-Current

Company provides a variety of services throughout the state of Texas related to mental health and wellness (private practice based in San Antonio, TX), wellness workshops, LPC board supervision, clinical, administrative, and reimbursement consultation (on an individual and agency basis), clinical records review, clinical training development, on-site training, and public speaking engagements. Ongoing contracts with multiple school districts, Department of State Health Services funded organizations, Early Childhood Intervention Programs, and Texas public school districts.

Chief Financial Officer/Co-Founder

Say Something Real Press, LLC

01/2016-Current

SSR Press, LLC is an advocacy based publishing company focusing on publications that offer intersectional analysis of historical and current events with advocacy oriented solutions to systems-wide conflict.

Grant Monitor/Clinical Training Development Specialist/Master Trainer

Texans for Resilience and Recovery

09/2014-01/2017

A SAMHSA Funded Grant Initiative in Partnership with the Texas Federation of Families and Soberhood, Inc. Program provides training support, technical assistance, and research regarding the lived experiences of individuals with mental health, substance use, and trauma histories in the state of Texas. FY 2015 research report available upon request. FY 2016 training directory and peer provider training certification development currently underway.

Quality Assurance Administrator (QMHP-CS & QIDP Credentialed)

Center for Health Care Services (CHCS)

10/2012 – 08/2014

Duties include developing and implementing processes to evaluate and ensure delivery of quality services for all Child and Adolescent programs within CHCS, conducting comprehensive reviews for compliance and quality clinical care, and associated reporting requirements. Additional duties include clinical training to internal staff and outside providers contracting training services (i.e. DFPS, DSHS), developing processes for monitoring and oversight of service delivery, ensuring deviations from standards are identified and corrections implemented, designing and implementing qualitative and quantitative research within the children's behavioral health division, providing clinical management and oversight of 1115 Waiver Dual Diagnosis expansion projects, and providing comprehensive clinical consultative input and training to managerial and line staff.

Director of Outpatient (OP) Services

La Paz Community Mental Health Center

06/2012 – 09/2012

Duties include managing and developing the outpatient arm of the La Paz CMHC partial hospitalization program (PHP). Negotiated OP credentialing through different HMO providers, as well as paneling of contract therapists. Supervised scheduling, intake, and care coordination procedures for OP staff and clients. Managed continuity of care and service authorization issues with insurance providers. Instituted outcome measures in both PHP and OP, managing all statistical data for these measures. Updated center electronic health record to meet standards of local coverage determinations for Medicare, Medicaid, and credentialed HMOs to meet documentation requires necessary to demonstrate medical necessity. Provided outreach to community agencies (including the local court system and Child Protective Services), building OP client census exponentially.

Licensed Professional Counselor/Contract Therapist

La Paz Community Mental Health Center

07/2011-06/2012

Duties include providing both individual and group therapy in a partial hospitalization program setting. Populations served include individuals with thought disorders and mood disorders. Groups for senior citizens, trauma survivors, individuals with anger issues, and individuals with co-occurring disorders provided on a daily basis. Instituted and led a specialty group using an evidence-based dialectical behavioral therapy program. Provided CEU training services and developed curriculum for specialty groups.

Licensed Professional Counselor/Staff Therapist

Solara Behavioral Health Services

05/2010-07/2011

Duties include providing both individual and group therapy in a partial hospitalization program setting. Population served include individuals with thought disorders and mood disorders. Groups for senior citizens, trauma survivors, and individuals with co-occurring disorders provided on a daily basis.

Doctoral Graduate Research Assistant for Thelma Duffey, PhD

University of Texas at San Antonio

08/2009 – 08/2010

Various duties including: assist with teaching UTSA Community Counseling Internship Class, Fall, 2009, Marriage and Family Therapy: Grief and Loss; Spring, 2010, and May 2010 Beyond Grief and Loss minimester. Assisted with paperwork and completion of required forms for University; assisted with syllabi preparation; assisted with research and literature review for faculty writing projects; designed WebCT and Blackboard content for university classes.

Qualified Mental Health Professional/Licensed Professional Counselor

Telecare Mental Health Services

05/2005-11/2010

Member of an Assertive Community Treatment team providing intensive cognitive behavioral therapy and dialectical behavior therapy (as a counseling intern and LPC-Intern) as well psychosocial rehabilitation, case management,

medication management, and legal advocacy services to Bexar County residents diagnosed with schizophrenia, schizoaffective disorder, or bipolar disorder who qualify under the Texas Recommended Assessment Guidelines (TRAG) for service package 4 (ACT) services. In-house training specialist for CPR, First Aid, and AED for both nursing and clinical staff. Facility coordinator for on-site AED program through Medtronic Emergency Response Systems.

Training Coordinator/Instructor

American Heart Association (Golden Hour Training Consultants)

10/1999 – 05/2005

Small business owner providing training and certification in health, safety, and emergent care. Services beyond on-site training include providing corporate, industrial, medical, and educational consultation on establishing emergency activation plans, policies and procedures, continuous quality assurance, compliance for all federal and state mandated standards (i.e., OSHA, EPA, DOT, TDH), and public relations (including press releases) for successful corporate training programs. Accreditation includes American Heart Association, American Safety and Health Institute, Texas CPR, and Hearts Across The Border. Columnist in the American Heart Association's Currents in Emergency Cardiovascular Care Summer 2000, Summer 2001, Fall 2001. Served on the Currents in Emergency Cardiovascular Care Board of Directors in the capacity of the Adult Education Specialist.

Assistant Program Director/Training Coordinator

Skyview Living Centers of San Antonio

05/1999 – 10/1999

Directly responsible for all employee recruitment, hiring, and initial training. Coordinator/presenter for company orientation program for all new facility employees. Coordinated all initial and follow-up training for direct-care staff. Designed database system for, and maintained orientation/in-service records for all company employees. Managed training budget for entire facility. Ensured all training programs were in accordance with ICF-MR standards as well as other state and federal regulatory agencies. Acting program director in the absence of the center's program director. Acting QIDP direct-care case manager (formerly referred to as QMRP) one weekend a month in rotation with staff case managers. Developed and implemented employee incentive program, chaired Human Rights Committee, served on the safety committee.

Supervisor/Training Coordinator

Child Abuse Prevention Services

06/1997-05/1999

Designed and implemented organizational supervisory structure to meet contract requirements and staff needs. Direct supervisor to 50% of family support services team, providing weekly caseload staffing and professional goal development, coordination with other team supervisors, management of all personnel supervision records, and completion of all chart audits. Organized and provided all new employee orientation training. Worked within established agency budget to provide ongoing, continuing education for established staff members to meet individual and team goals. Editor of monthly client newsletter.

Family Support Worker/Alternative School Program Facilitator

Child Abuse Prevention Services

10/1997-06/1998

Provided intensive case management including weekly home visits to first-time teen parents, promoting child development, positive parent/child interaction and healthy family functioning. Responsible for client psychometrics, services plans, and progress documentation for a caseload of 15 families. Teacher and course developer in ongoing contracted parenting groups. Wrote and developed state certified curriculum that established the standard of care for all staff caseworkers to utilize with contracted parenting groups.

Activity Therapist

Texas Department of Mental Health and Mental Retardation (Kerrville State Hospital)

09/1996-10/1997

Designed and conducted therapeutic activities to meet the age, gender, and ethnic needs of adults and geriatrics with psychiatric illness. Responsible for the documentation of weekly progress of individuals served in order to report on achievement/regression related to individual participation and response to activities offered.

Houseparent/Case Manager

Star Ranch

04/1996—09/1996

Worked with learning disabled, emotionally disturbed, sexually abused boys at a ranch setting psychiatric treatment facility. Educational liaison to area alternative educational program, providing tutoring, counseling, and life skills classes. Designed treatment plans with emphasis on behavior and reality therapy and managed cases of 8.

Courses Taught

(Syllabi and Course Evaluations Available Upon Request)

Field Based Internship (COU 5713)

Catalog Description: (3-0) 3 hours credit. Master's status. This internship provides a counseling experience in support of the master's student internship experience. The course will offer opportunities for growth in skills, knowledge and personal development as a master's level practitioner.

Career Development and Choice (COU 6153)

Catalog Description: (3-0) 3 hours credit. Master's status. A study of theories of occupational choice and career development and their application to the guidance and counseling process. Identification and utilization of various types of occupational information and resources in counseling and guidance programs.

Publications

Books

Harper, F. G. (2021). *Unfuck your friendships: Using science to make and maintain the most important relationships of your life*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2021). *Unfuck Your body: Using science to eat, sleep, breathe, move, and feel better*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2021). *Unfuck Your body workbook: Using science to eat, sleep, breathe, move, and feel better*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2021). *Unfuck your anxiety workbook: Using science to rewire your anxious brain*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2020) *Unfuck your anger: Using science to understand frustration, rage, and forgiveness*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2020) *Unfuck your anger workbook: Using Science to Understand Frustration, Rage, and Forgiveness*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2020) *Unfuck your boundaries workbook: Build better relationships through consent, communication, and expressing your needs*. Portland, OR: Microcosm Publishing.

- Harper, F. G. (2020) *Unfuck your boundaries: Build better relationships through consent, Communication, and expressing your needs*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2019). *Coping skills: Tools & techniques for every stressful situation*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2019). *Unfuck your intimacy: Using science for better dating, sex, and relationships*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2019). *Unfuck your intimacy workbook: Using science for better dating, sex, and relationships*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2019). *Unfuck your orth: Manage yur Money, value your own labor, and stop financial freakouts in a capitalist hellscape*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2019) *Unfuck your worth workbook: Manage your money, value your own labor, and stop financial freakouts in a capitalist hellscape*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2018). *This is your rain on depression: Creating your path to getting better*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2018). *Unfuck your adulting: Give yourself permission, carry your own baggage, don't be a dick, make decisions, & other life skills*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2017). *This is your brain on anxiety: What happens and what helps*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2017). *Unf*ck your brain: Reboot your wiring to move past stress, depression, and anxiety (... and, you know, take back your life)* Portland, OR: Microcosm Publishing.
- Harper, F. G. (2016). *The revolution will include cookies*. San Antonio, TX: Say Something Real Press, LLC.

Co-Authored Books

Biel, J. & Harper, F. G. (2021). *How to Be Accountable: Take Responsibility to Change Your Behavior, Boundaries, & Relationships*. Portland, OR: Microcosm Publishing.

Biel, J. & Harper, F. G. (2021). *How to Be Accountable Workbook: Take Responsibility to Change Your Behavior, Boundaries, & Relationships*. Portland, OR: Microcosm Publishing.

Biel, J. & Harper, F. G. (2021). *The Autism Relationships Handbook: How to Thrive in Friendships, Dating, and Love*. Portland, OR: Microcosm Publishing.

Biel, J. & Harper, F. G. (2021). *The Autism Relationships Workbook: How to Thrive in Friendships, Dating, and Love*. Portland, OR: Microcosm Publishing.

Biel, J. & Harper, F. G. (2021). *Unfuck Your Writing: Write Better, Reach Readers, & Share Your Inner World*. Portland, OR: Microcosm Publishing.

Harper, F. G. & Scott, B. (2021). *Woke Parenting: Raising Intersectional Feminist, Empathic, Engaged, and Generally Non-Shitty Kids While Still Having a Life*. Portland, OR: Microcosm Publishing.

Book Chapters

Harper, F. G. (2020) Forward. In DeAngelis, S. *If you're freaking out, read this: A coping workbook for building good habits, behaviors, and hope for the future*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2020) Forward. In Green, J. E. *Conspiracy fun book (Holiday edition!)*. Portland, OR: Microcosm Publishing.

Harper, F. G.. (2018) Forward. In Sytes, Set. *How not to kill yourself: A survival guide for imaginative pessimists*. Portland, OR: Microcosm Publishing.

Co-Authored Book Chapters

Harper, F.G. & Morse, G. S. (2020). Dreams, visions, and hallucinations with indigenous populations. In G. S. Morse & V. T. Lomay (Eds.), *Understanding indigenous perspectives: Visions, dreams, and hallucinations*. (pp. 23-37). San Diego, CA: Cognella Academic Publishing.

Pamphlets

Harper, F. G. (2021). *Unfuck your bread: Gluten free, paleo, and keto recipes for people who miss bread*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2021). *Unfuck your breathing: Breathwork exercises to calm your body, mind, and vagus nerve*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2021). *Unfuck your forgiveness: Move on from past hurts and live your best life*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2021). *Unfuck your mindfulness and meditation*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2021). *Unfuck your stress: Using science to cope with stress and embrace excitement*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2020). *How to say no: Take back your life*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2020). *Indigenous noms: Cakes and treats from Turtle Island*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2020). *Self-compassion: Be kind to yourself instead of striving for bullshit "self-esteem."* Portland, OR: Microcosm Publishing.

Harper, F. G. (2020). *Unfuck your mental health paradigm: Unpacking individual trauma and societal systems of power | A workbook*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2020). *Vision boarding: Goal setting for people who hate writing shit down*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2019). *How to find a therapist: The secret guide to working your shit out with the mental health professional of your dreams*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2019). *Sex tools: Getting your groove on safely, pleurably, and satisfyingly*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2019). *Unfuck your consent: A history and how-to for claiming your sexual autonomy, personal boundaries, and political freedoms*. Portland, OR: Microcosm Publishing.

- Harper, F. G. (2019). *Unfuck your sleep: The #1 non-negotiable necessity for emotional and physical health*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2018). *Sexing yourself: Masturbation for your own pleasure*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2017). *Emotional freedom technique (EFT): Combining ancient acupuncture with modern science*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2017). *Surviving: Getting through the shit life throws at you*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2017). *This is your brain on PTSD: Trauma recovery using brain science*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2017). *Unfuck your brain workbook*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2017). *Working: Makin' paper without losing your mind or selling your soul*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2016). *Adulting: How to be an adultier adult*. Portland, OR: Microcosm Publishing.
- Harper, F.G. (2016). *Coping skills*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2016). *Dating: It's not relationshiping and that's a good thing*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2016). *Defriending: Navigating the friendship breakup*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2016). *Getting over it*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2016). *Relationshiping: Loving differently because rules are for games*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2016). *The revolution won't forget the holidays: Recipes for food allergies and special diets that don't suck*. Portland, OR: Microcosm Publishing.
- Harper, F. G. (2016). *This is your brain on addiction*. Portland, OR: Microcosm Publishing.

Harper, F. G. (2016). *This is your brain on anger. What it is, how to deal.* Portland, OR: Microcosm Publishing.

Harper, F. G. (2016). *This is your brain on anxiety. What happens and what helps.* Portland, OR: Microcosm Publishing.

Harper, F. G. (2016). *This is your brain on depression.* Portland, OR: Microcosm Publishing.

Harper, F. G. (2016). *This is your brain on grief: What to do and say (and not) for yourself and others.* Portland, OR: Microcosm Publishing.

Harper, F. G. (2015). *BDSM FAQ: Your antidote to 50 shades of hrey.* Portland, OR: Microcosm Publishing.

Co-Authored Pamphlets

Biel, J. & Harper, F. G. (2020). *Autism partner handbook: How to love someone on the spectrum.* Portland, OR: Microcosm Publishing.

Biel, J. & Harper, F. G. (2019). *The autism handbook: Understand its many intricacies (formerly How to human with autism #1).* Portland, OR: Microcosm Publishing.

Harper, S. & Harper, F. G. (2018). *How to not be a dick.* Portland, OR: Microcosm Publishing.

Sapp, A., & Harper, F. G. (2018). *Detox your masculinity: How cultural bullshit fucks up men's body image; what to look for and what to do about it.* Portland, OR: Microcosm Publishing.

Sapp, A., Scott, B. & Harper, F. G. (2017). *STI FAQ: Keep calm and learn real facts about sexually transmitted diseases.* Portland, OR: Microcosm Publishing.

Scott, B. & Harper, F. G. (2021). *Woke parenting 6: Tough conversations.* Portland, OR: Microcosm Publishing.

Scott, B. & Harper, F. G. (2020). *Woke parenting 5: Parenting without losing your shit (Even when your kids are acting like shitheads).* Portland, OR: Microcosm Publishing.

Scott, B. & Harper, F. G. (2018). *Woke parenting 4: Sex, relationships, & psychological Care.* Portland, OR: Microcosm Publishing.

Scott, B. & Harper, F. G. (2018). *Woke parenting 3: 22 Life skills*. Portland, OR: Microcosm Publishing.

Scott, B. & Harper, F. G. (2018). *Woke parenting 2: Civics, jobs, & money*. Portland, OR: Microcosm Publishing.

Scott, B. & Harper, F. G. (2017). *Woke parenting 1: Doing our best to raise intersectional feminist, empathic, engaged, and generally non-shitty kids*. Portland, OR: Microcosm Publishing.

Articles In Edited Pamphlets

Harper, F.G. (2019). Valuing our own experiences. In C. Marts (Ed.), (*We've all got*) *Baggage: Envisioning an ideal community and engaging it with our own problems and hangups*. (pp. 33-37). Portland, OR: Microcosm Publishing.

Harper, F.G. (2020). Blessed to bear witness. In E. Blue & S. Grubb (Eds.), *Round the clock Joe: Celebrating 24 years of Microcosm Publishing (A love zine)* (pp. 22-23). Portland, OR: Microcosm Publishing.

Refereed Publications

Harper, F. G. (2011). With all my relations: Counseling American Indians and Alaska Natives within a familial context. *The Family Journal*, (19)4, 434-439. doi: 10.1177/10664807111419818

Harper, F. G., Melton, B., & Campbell, B. (2011). Relational proficiencies in counseling supervision: The '5 good things' in practice. *Graduate Research Journal*, 4. Retrieved from <http://www.grjsite.com/volume-4/32-relational-proficiencies-in-counseling-supervision-the-5-good-things-in-practice.html>

Harper, F. G. (2010). Advocating for whole health: The role of the mental health professional in promoting diet, nutrition, and management of physical disease with American Indian clients. *Journal of Creativity in Mental Health*, 5., 275-289. doi: 10.1080/15401383.2010.507596

Harper, F. G. (2010). Walking the good red road: Storytelling in the counseling relationship using the film *Dreamkeeper*. *Journal of Creativity in Mental Health*, 5, 216-220. doi:10.1080/15401383.2010.485119

White Papers and Monographs

Harper, F. G. (2016). *Peer supervision toolkit*. Austin, TX: Texans for Recovery and Resiliency.

Harper, F. G. (2015). *Texas talks back: A grounded theory of the lived experience of Texans and their loved ones in recovery from co-occurring disorders*. Austin, TX: Texans for Recovery and Resiliency.

Texas Association of Lesbian, Gay, Bisexual and Transgender Issues in Counseling (2014). *White paper on sexual orientation change efforts*. Austin, TX: Author.

Non-Refereed and Invited Publications

Harper, F. G. (2017, Fall). From competition to cohesion: What triggers our inner mean girl and how to shift our thinking. *Disfunkshion Magazine, Volume 27*, 44-45.

Harper, F. G. (2017, Fall). Permission for imperfection: Healing by gentling body image expectations. *Disfunkshion Magazine, Volume 27*, 42-43.

Harper, F. G. (2017, Fall). The Intimacy Dr: Dear Intimacy Dr – Am I a sex addict? Out in SA.

Harper, F. G. (2017, Summer). The Intimacy Dr: Knot Applicable – BDSM in real life. Out in SA. Retrieved from <http://outinsa.com/knot-applicable-bdsm-real-life/>

Harper, F. G. (2017, Winter). The Intimacy Dr: Intimacy in the face of fear. Out in SA. Retrieved from <http://outinsa.com/intimacy-face-fear/>

Harper, F. G. (2016, Fall). What to say when you have no clue what to say. *TALGBTIC Newsletter*.

Harper, F. G. (2016, Fall). The Intimacy Dr: Eating clean to get dirty. *Out in SA*. Retrieved from <http://outinsa.com/eating-clean-to-get-dirty/>

Harper, F. G. (2016, Summer). The Intimacy Dr: Battling the sex-life hobgoblins of negative body image and performance anxiety. *Out in SA*. Retrieved from <http://outinsa.com/battling-the-sex-life-hobgoblins-of-negative-body-image-and-performance-anxiety/>

Harper, F. G. (2016, Summer). Intersex identity. *TALGBTIC Newsletter*.

Harper, F. G. (2016, Summer). Allyship in action. *TALGBTIC Newsletter*.

Harper, F. G. (2016, Spring). The Intimacy Dr: One-week stands and U-Hauling. *Out in SA*. Retrieved from <http://outinsa.com/one-week-stands-and-u-hauling/>

Harper, F. G. (2016, April 20). Best Adult Store: Best of San Antonio. *San Antonio Current*. Retrieved from <http://www.sacurrent.com/sanantonio/best-adult-store/BestOf?oid=2521832>

Harper, F. G. (2016, March 9). Sometimes your evening isn't complete without a sex toy purchase: Late-night pleasure. *San Antonio Current*. Retrieved from <http://www.sacurrent.com/sanantonio/sometimes-your-evening-isnt-complete-without-a-sex-toy-purchase/Content?oid=2512363>

Harper, F. G. (2016, Feb 24). Snag a naughty novelty. *San Antonio Current San Antonio City Guide 2016*. Retrieved from <http://www.sacurrent.com/sanantonio/snag-a-naughty-novelty/Content?oid=2508894>

Harper, F. G. (2015, Winter). The Intimacy Dr: Sexy gifting on point. *Out In SA*. Retrieved from <http://outinsa.com/sexy-gifting-on-point/>

Harper, F. G. (2015, Fall). It's like...Tai Chi. *TALGBTIC Newsletter*.

Harper, F. G. (2015, August 27). The Intimacy Dr: Flibanserin does not produce girl wood: An Addyi FAQ. *Out In SA*. Retrieved from <http://outinsa.com/flibanserin-does-not-produce-girl-wood-an-addyi-faq/>

Harper, F. G. (2015, August 25). The Intimacy Dr: My kid came out to me, and now to you. *Out in SA*. Retrieved from <http://outinsa.com/my-kid-came-out-to-me-and-now-to-you/>

Harper, F. G. (2015, July 8). The Intimacy Dr: Dear Intimacy Dr: When is it OK to cheat? *Out in SA*. Retrieved from <http://outinsa.com/dear-intimacy-doctor-when-is-it-ok-to-cheat/>

Harper, F. G. (2015, July 8). The Intimacy Dr: There is only one key to relational happiness. *Out in SA*. Retrieved from <http://outinsa.com/there-is-really-only-one-key-to-relationship-happiness/>

Harper, F. G. (2015, June 15). The Intimacy Dr: #swingerprobs. *Out in SA*. Retrieved from <http://outinsa.com/swingerprobs/>

Harper, F. G. (2015, June 2). The Intimacy Dr: Answering your kids sex questions. *Out in SA*. Retrieved from <http://outinsa.com/answering-your-kids-sex-questions/>

- Harper, F. G. (2015, May 5). The Intimacy Dr: Perving in the age of the digital footprint. *Out in SA*. Retrieved from <http://outinsa.com/perving-in-the-age-of-the-digital-footprint/>
- Harper, F. G. (2015, April 2). The Intimacy Dr: Dear Intimacy Dr: Am I a dick? *Out in SA*. Retrieved from <http://outinsa.com/dear-intimacy-doctor-am-i-a-dick/>
- Harper, F. G. (2015, March 17). The Intimacy Dr: Excuse me? You wanna do what? Navigating differential desires. *Out in SA*. Retrieved from <http://outinsa.com/excuse-me-you-wanna-do-what-navigating-differential-desires/>
- Harper, F. G. (2015, March 5). The Intimacy Dr: Gender is between your ears, Not between your legs (Notes on deconstructing the binary). *Out in SA*. Retrieved from <http://outinsa.com/gender-is-between-your-ears-not-between-your-legs-notes-on-deconstructing-the-binary/>
- Harper, F. G. (2014, December 8). The Intimacy Dr: Hey Lena Dunham? Thank you. *Out in SA*. Retrieved from <http://outinsa.com/hey-lena-dunham-thank/>
- Harper, F. G. (2014, December 1). The Intimacy Dr: The Intimacy Dr shops for sex toys. *Out in SA*. Retrieved from <http://outinsa.com/intimacy-doctor/>
- Harper, F. G. (2014, Fall). A message from the president. TALGBTIC Newsletter. Retrieved from <http://us7.campaign-archive1.com/?u=7ab5b882d5b63c359f5089fbd&id=d2e77e2bae>
- Harper, F. G. (2014, Fall). Exploring intimacy: Surrogate partner therapy. *TALGBTIC Newsletter*. Retrieved from <http://us7.campaign-archive1.com/?u=7ab5b882d5b63c359f5089fbd&id=d2e77e2bae>
- Harper, F. G. (2014, October 5). Book review: 'The Price of Silence' by Liza Long. *The Rivard Report*. Retrieved from <http://therivardreport.com/call-casseroles-review-price-silence-liza-long/>
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Harper, F., & Molino, L. N. (2001). Teaching the adult learner: Part 2 -- An evidenced based plan for success. *Currents in Emergency Cardiovascular Care*, 12(3), 14-1

Therapeutic Tools

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Harper, F. G., (2018). *How do you feel today? (With River the cat)* [Poster]. Portland, OR: Microcosm Publishing.

Other Media

Harper, F. G., (2020). *Sticker #415 When I say "YES," I mean "Yes."* [Sticker]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2020). *Sticker #416 When I say "FUCK YES," I mean "Yes."* [Sticker]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2020). *Sticker #417 "NO" is a complete sentence.* [Sticker]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2020). *Sticker #418 "FUCK NO" is a complete sentence.* [Sticker]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2020). *Sticker #419 If I want to see your dick, I'll ask* [Sticker]. Portland, OR: Microcosm Publishing.

- Harper, F. G., (2020). *Sticker #445 My therapist thinks you're an asshole* [Sticker]. Portland, OR: Microcosm Publishing.
- Harper, F. G., (2020). *Sticker #446 I'm under construction, Please pardon my mess* [Sticker]. Portland, OR: Microcosm Publishing.
- Harper, F. G., (2020). *Sticker #447 No bullshit* [Sticker]. Portland, OR: Microcosm Publishing.
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- Harper, F. G., (2019). *Out of fucks* [Enamel Pin]. Portland, OR: Microcosm Publishing.
- Harper, F. G., (2018). *Ain't nobody got time River* [Pinback Button]. Portland, OR: Microcosm Publishing.
- Harper, F. G., (2018). *Ain't nobody got time* [Pinback Button]. Portland, OR: Microcosm Publishing.
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- Harper, F. G., (2018). *Done and moving on River* [Pinback Button]. Portland, OR: Microcosm Publishing.
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Harper, F. G., (2018). *Fire! River magnet* [Magnet]. Portland, OR: Microcosm Publishing.

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Harper, F. G., (2018). *Fucked up River* [Pinback Button]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Got my shit together River* [Pinback Button]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Got my shit together River magnet* [Magnet]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Haven't showered any time this week River* [Pinback Button]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Haven't showered any time this week River magnet* [Magnet]. Portland, OR: Microcosm Publishing.

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Harper, F. G., (2018). *Losing my shit River* [Pinback Button]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Losing my shit River magnet* [Magnet]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Meh River magnet* [Magnet]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Need some fucking support here River* [Pinback Button]. Portland, OR: Microcosm Publishing.

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Harper, F. G., (2018). *Not in the mood River* [Pinback Button]. Portland, OR: Microcosm Publishing.

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Harper, F. G., (2018). *Not sure I showered River magnet* [Magnet]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *OCC-BRB River* [Pinback Button]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Out of character be right back River magnet* [Magnet]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Out of fucks River* [Pinback Button]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Out of fucks River magnet* [Magnet]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Pissed off River* [Pinback Button]. Portland, OR: Microcosm Publishing.

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Harper, F. G., (2018). *Stuck as hell River* [Pinback Button]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Stuck as hell River magnet* [Magnet]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Swagger River* [Pinback Button]. Portland, OR: Microcosm Publishing.

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Harper, F. G., (2018). *Too broken for words River magnet* [Magnet]. Portland, OR: Microcosm Publishing

Harper, F. G., (2018). *Too broken for words River* [Pinback Button]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Totally didn't shower River magnet* [Magnet]. Portland, OR: Microcosm Publishing.

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Harper, F. G., (2018). *Up shit's creek River* [Pinback Button]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Up shit's creek River* [Pinback Button]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Whatevs River* [Pinback Button]. Portland, OR: Microcosm Publishing.

Harper, F. G., (2018). *Whatevs River Magnet* [Magnet]. Portland, OR: Microcosm Publishing.

Completed Community Health Agency Based Research

Peer To Peer Support Partner Training Needs: Texans For Resiliency and Recovery (Delphi Study)

Texas Talks Back: Texans for Resiliency and Recovery (Mixed Methods Research)

Children's Crisis Service Utilization (Crisis Etiology, Crisis Disposition, Crisis Services Usage Patterns) (Mixed Methods Research)

Client and Family Satisfaction (Mixed Methods Research)

Clinical Skill Development and Retainment (Quantitative Research)

Family Empowerment and Advocacy (Quantitative Research)

Presentations

Conference Presentations

Harper, F. G. & Washington, A. (2021, April). *The Myth of Post Racial America: Considerations for Clinicians*. Content session presented at Contemporary Relationships Conference/Queer and Trans Affirming Provider Certification Training. Austin, TX

Harper, F. G. (2020, June) *Shifting the Paradigm*. Keynote presented at Northwest Law and Mental Health Conference. Portland, OR.

Harper, F. G. & Green, J. (2020, June). *Invitational Recovery*. Content session presented at Northwest Law and Mental Health Conference. Portland, OR.

Harper, F. G. (2019, April) *Lessons from The Margins What We Can Learn from Communities That Embrace Kink, Fetish, BDSM, and Non-Monogamy*. Content session presented at Contemporary Relationships Conference. Austin, TX.

Harper, F. G. & Parsons, J. (2018, May). Gender dysphoria, body dysmorphia, and sexual intimacy. Content session presented at Contemporary Relationships Conference. Houston, TX.

Parsons, J., Harper, F. G., & Broyles, C. (2016, Feb). Working with LGBT youth. Content session provided at the Texas School Counselor Annual Conference. Dallas, TX.

Harper, F. G. (2015, November). *Trauma and Brain Development in Youth*. Content session presented at SoberHood Recovery Conference, Austin, TX.

Harper, F. G. (2015, November). *Texas Talks Back Survey Findings*. Content session presented at SoberHood Recovery Conference, Austin, TX.

Harper, F. G. & Parsons, J. (2015, September). Brain development and youth. Recovery Capital Conference. Austin, TX.

Harper, F. G. & Parsons, J. (2015, September). Mental health and transitioning youth in the LGBTQ community. Recovery Capital Conference. Austin, TX.

Harper, F. G., & Melonson, C. (2015, May). *Crossing The T In Trans: Supporting LGBT Students*. Content session presented at ClarityCon, San Antonio, TX.

Harper, F. G., & Munsey, R. (2014, November). *Relational Competencies for Ethical Allyship*. Content session presented at the Texas Counseling Association (TCA) Professional Development Conference, Dallas, TX.

Harper, F. G., & Munsey, R. (2014, May). *Relational Competencies for Ethical Allyship*. Content session presented at the Texas Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling (TALGBTIC) Annual Day of Learning Conference, San Antonio, TX.

Harper, F. G., & Warren, A. (2014, May). *Bullying and Children's Mental Health*. Content session presented at ClarityCon, San Antonio, TX.

TALGBTIC Board (2014, Jan). *More Than Skin Deep: Counseling Competencies for Working with LGBTQ Clients*. Content session presented at the Texas Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling (TALGBTIC) Annual Day of Learning Conference, San Antonio, TX.

TALGBTIC Board (2014, Jan). *More Than Skin Deep: Counseling Competencies for Supervising Students Working With LGBTQ Clients*. Content session presented at the Texas Association for Counselor Education and Supervision (TACES) Annual Mid-Winter Conference, Austin, TX.

Warren, A. S., Harper, F. G., Rodriguez-Dypuros, C. (2012, Jan). *Peccadilloes: Ethically Addressing Sex, Dysfunctions, and Divergent Sexual Desires with Clients*. Presentation conducted at the South Texas Counseling Association (STCA) Winter Workshop, San Antonio, TX.

Melton, B., Harper, F. G., & Campbell, B. P. (2011, Feb). *Relational proficiencies in counseling supervision: The '5 good things' in practice*. Poster session presented at the Texas Association for Counselor Education and Supervision (TACES) Annual Mid-Winter Conference, Austin, TX.

Invited Presentations

Note: From 10/2014 to Present, I have become a full-time private practice clinician, consultant and professional trainer. I have ongoing contracts for multiple agencies, programs, and school districts. Between these paid positions and my continued service work throughout the state of Texas, I present and/or train several times a month, this list would be extensive if these trainings were included here. References about my work and more information about my current contracts and training experience is available upon request.

- Harper, F. G. (2014, May). *Autism Spectrum Disorder and the DSM V*. Center for Healthcare Services. San Antonio, Texas.
- Harper, F. G. (2014, May). *Ethical Supervision in Practice*. Center for Healthcare Services. San Antonio, Texas.
- Harper, F. G. (2014, Feb). *Peccadilloes: Ethically Addressing Sex, Dysfunctions, and Divergent Sexual Desires with Clients*. Center for Healthcare Services. San Antonio, Texas.
- Harper, F. G. (2013, October). Shame, Sex, and Silence. TEDxSanAntonio. San Antonio, Texas. (<https://www.youtube.com/watch?v=kMyyRBZkqVU>)
- Harper, F. G. (2013, Aug). *Peccadilloes: Ethically Addressing Sex, Dysfunctions, and Divergent Sexual Desires with Clients*. Center for Healthcare Services. San Antonio, Texas.
- Harper, F. G. (2013, July). *Cognitive Behavioral Therapy and the Cognitive Therapy Rating Scale [CTRS]*. University of Texas at San Antonio Counseling Theories Class. San Antonio, Texas.
- Harper, F. G. (2013, July). *Poverty, Social Inequality, and Mental Health*. University of Texas at San Antonio Multicultural Counseling Class. San Antonio, Texas.
- Harper, F. G. (2013, July). *Counseling Indigenous Populations*. University of Texas at San Antonio Multicultural Counseling Class. San Antonio, Texas.
- Harper, F. G. (2013, Jun). *De-escalating Mental Health Crisis in Children and Youth*. Bexar County Children's Crisis Intervention Training. San Antonio, Texas.
- Harper, F. G. (2013, May). *Cognitive Behavioral Therapy and the Cognitive Therapy Rating Scale [CTRS]*. University of Texas at San Antonio Counseling Theories Class. San Antonio, Texas.
- Harper, F. G. (2013, Mar). *Psychotropic Medications and Children's Behavioral Health*. Department of Family and Protective Services. San Antonio, Texas.
- Harper, F. G. (2013, Mar). *Peccadilloes: Ethically Addressing Sex, Dysfunctions, and Divergent Sexual Desires with Clients*. Center for Healthcare Services. San Antonio, Texas.

Harper, F. G. (2012, Mar). *Peccadilloes: Ethically Addressing Sex, Dysfunctions, and Divergent Sexual Desires with Clients*. La Paz Community Mental Health Center, Continuing Education Series. San Antonio, Texas.

Warren, A. S. & Harper, F. G. (2012, Feb). *Peccadilloes: Ethically Addressing Sex, Dysfunctions, and Divergent Sexual Desires with Clients*. at Ames High: Laurel Ridge Treatment Center. San Antonio, TX.

Post, S. A., & Harper, F. G. (2011, December). *Meditate or Medicate? Therapeutic Mindfulness in Practice*. La Paz Community Mental Health Center, Continuing Education Series. San Antonio, Texas.

Harper, F. G. (2011, September). *Self-Compassion and Counselor Self Care*. La Paz Community Mental Health Center, Continuing Education Series. San Antonio, Texas.

Harper, F. G. (2011, September). *SOAP Notes in Clinical Practice*. University of Texas at San Antonio, Practicum in Community Counseling Class. San Antonio, Texas.

Harper, F. G. (2011, August). *The Enneagram: A Personality Assessment Tool*. University of Texas at San Antonio, Advanced Assessment Class. San Antonio, Texas.

Harper, F. G. (2009, October). *Reality Therapy and Choice Theory*. University of Texas at San Antonio, Counseling Theories Class. San Antonio, Texas.

Other Curriculum Development

Because I do extensive training work as a professional consultant/trainer my curriculum development list is extensive.

Common topics include: Cognitive Behavior Therapy (CBT), trauma treatment and recovery, brain development, working with LGBT individuals, differential diagnosis, treatment of depression, treatment of anxiety, treatment of developmental disorders/spectrum disorders, treatment of ADHD, suicide assessment, mental status examinations, clinical documentation and billing, collaborative documentation, ethics, and clinical supervision

Sample curricula available upon request.

Service Activities

National/International Service

Advisory Board, Instructor, Consultant

The Contemporary Relationships Conference
Queer & Trans Affirming Professional Certification Program
2019-Present

Since 2014 the Contemporary Relationships Conference (CRC) as hosted speakers and attendees from across the United States and Canada for the annual event that integrates cutting edge science and practical experience to explore dating, relationships, and parenting within the LGBTQ+ community. Some choose to enter advanced training by participating in our Queer & Trans Affirming Professional (QTAP) certification program to become formally recognized as a culturally competent care provider.

Clinical Director

Grace Tree Foundation
2016-2017

The Grace Tree Foundation was established to bring trauma-informed yoga and other somatic treatments into Bexar County and surrounding communities through community based classes, trainings, and outreach.

Vice President

Sagata Thera Foundation (STF)
2016-2017

STF has a mission of promoting wellness in the mental health and substance use communities using mindfulness, technology, and medication assisted treatment for substance use disorders.

Editorial Assistant

The Journal of Creativity in Mental Health (JCMH)
2009 – 2011

JCMH is an international refereed journal published quarterly by Taylor and Francis Press.

State Service

Advisory Board

Equity Council, Texas Counseling Association
2020-Present

Increasing equity in leadership rolls of professional counselors committed to leadership, advocacy, and the promotion of professional excellence in the state of Texas.

President Emeritus and Board Member

Texas Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (TALGBTIC)

2015-2016

TALGBTIC is a subdivision of the Texas Counseling Association

President

Texas Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (TALGBTIC)

2014-2015

TALGBTIC is a subdivision of the Texas Counseling Association

President-Elect

Texas Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (TALGBTIC)

2013-2014

TALGBTIC is a subdivision of the Texas Counseling Association

Board Member

Texas Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (TALGBTIC)

2012-2013

TALGBTIC is a subdivision of the Texas Counseling Association

Conference Committee

Texas Association for Lesbian, Gay, Bisexual and Transgender Issues in Counseling (TALGBTIC) Annual Conference

2012

TALGBTIC is a subdivision of the Texas Counseling Association.

Associate Editor

TCDA Directions

2010-2011

TCDA Directions is a publication by the Texas Career Development Association

Local Service

Board Member

The Center – Pride Center of San Antonio

2016-2018

The mission of The Center – Pride Center San Antonio is to serve the lesbian, gay, bisexual, transgender and HIV communities by connecting them and their families to community resources and organizations related to health, wellness, support, education, activities, and advocacy.

Professional Development

Becoming ACES Aware (Feb 2021). *State of California Department of Health Care Services*. Sacramento, CA.

Yoga Teacher Training 300 Hour (2021). *Bhakti Yogshala*. Rishikesh, India

Yoga Teacher Training 200 Hour (2021). *Bhakti Yogshala*. Rishikesh, India

Meditation Teacher Training 100 Hour (2021). *Yoga Means Union*. San Marcos, CA.

Working With Hostile Voices and Parts of the Personality Disorders (August 2021). *Envision Learning*. Centennial, CO.

Yogafit TaiChiFit (YogaChi) Instructor Training (July 2021). YogaFit International. Pittsfield, MA.

Working With Parts in Dissociative Disorders (July 2021). *Envision Learning*. Centennial, CO.

Sexuality and Dementia (June 2021). *James L. West Center for Dementia Care*. Austin, TX.

Trauma & Shame-Informed Dual Certification: Evidence-Based, Integrated Treatment Strategies for Enhanced Recovery. (March 2021). Professional Education Systems Institute. Eau Claire, WI

Certified ADHD Professional (ADHD-CCSP) Intensive Training Course: Evidence-Based Strategies for Managing ADHD Across the Lifespan (June 2021). *Professional Education Systems Institute*. Eau Claire, WI

Treating Out Of Control Sexual Behavior (April 2021). *The Harvey Institute/Pink Therapy*. San Diego, CA.

Brainspotting Level 2 (Jan 2021). *Rocky Mountain Brainspotting Institute*. Boulder, CO.

Human Trafficking/SOAR to Health and Wellness (September, 2020). *National Human Trafficking Training and Technical Assistance Center*. Austin, TX.

Brainspotting Level 1 (Jan 2020). *Rocky Mountain Brainspotting Institute*. League City, TX. Boulder, CO.

Yoga Teacher Training 200 Hour (2020). *Yoga Blue Fitness*. Tarpon Springs, FL.

Integrative NLP Practitioner Certification (Jan 2019). *Empowerment, Inc.* Austin, TX.

Breath as Medicine (2018). *Go Be Great, Inc.* Draper, UT.

Road To Recovery: Supporting Children With Intellectual and Developmental Disabilities Who Have Experienced Trauma (July 2018). *Texas Department of State Health Services.* Austin, TX.

Cognitive Behavior Therapy-Depression (March, 2018). Center for Deployment Psychology. Bethesda, MD.

YogaFit Level One Instructor Training (June 2017). *YogaFit International.* San Antonio, TX.

Yoga To Transform Trauma Teacher Certification and Leadership Training (March 2017). *Yoga To Transform Trauma with 5 Points Local Yoga.* San Antonio, TX.

Prolonged Exposure Therapy (February, 2017). *Center for Deployment Psychology.* Bethesda, MD.

Reiki III, Reiki Master Practitioner, Usui-Takata Method (January, 2017). *Reiki San Antonio.* San Antonio, TX.

Reiki II, Usui-Takata Method (January, 2017). *Reiki San Antonio.* San Antonio, TX.

Expanded Prolonged Exposure Therapy (December, 2016). *Center for Deployment Psychology.* Bethesda, MD.

Reiki I, Usui-Takata Method (November, 2016). *Reiki San Antonio.* San Antonio, TX.

Holistic Therapy (August, 2016). *ICOCS.* Ireland.

Integrated Wellness Life Coaching (Summer, 2016). *Integrated Wellness Academy.* Los Angeles, CA.

Cognitive Processing Therapy (June, 2016). *Center for Deployment Psychology.* Bethesda, MD.

Critical Incidents, Stress Management, and Performance Psychology in High Stress Occupations (January, 2016). *Laurel Ridge Treatment Center.* San Antonio, TX.

Cognitive Processing Therapy (May, 2015). *Laurel Ridge Treatment Center*. San Antonio, TX

Self-Compassion and Emotional Resilience (Jan, 2015). *Oblate School of Theology*. San Antonio, TX

ASK About Suicide To Save A Life Train the Trainer (July, 2014). *Center for Healthcare Services (in partnership with Texas Suicide Prevention)*. San Antonio, TX.

Leadership Conference (June, 2014). *Texas Counseling Association*. Clear Lake, TX.

Parent Child Interactive Therapy Certification Training Part 2 – Completion of Live Training Component (June, 2014). *Center for Healthcare Services (in partnership with Department of State Health Services)*. San Antonio, TX

American Heart Association Basic Life Support, Heartsaver, and First Aid Instructor Certification (May, 2014). *Life Compressions*. Floresville, TX.

Texas Quality Management Consortium (April, 2014). *Texas Council of Community MHMR Centers*. Austin, TX.

Advanced Trauma-Focused Cognitive Behavior Therapy (March, 2014). *Heart of Texas Region MHMR*. Waco, TX.

Parent Child Interactive Therapy Certification Training Part I (March, 2014). *Depelchin Children's Center (in partnership with the Department of State Health Services)*. Houston, TX

National Council for Mental Health Trauma Informed Care Learning Collaborative (February, 2014-February, 2015). *National Council for Mental Health*. Washington, DC.

Addictions Treatment and Recovery: How To Dance With An Addict (February, 2014). *Ecumenical Center for Religion and Health*. San Antonio, TX.

Applied Suicide Intervention Skills Training (February, 2014). *Bluebonnet Trails Community Services*. San Antonio, TX.

SAMHSA's Supported Employment as Evidence Based Practice (February, 2014). *Center for Health Care Services*. San Antonio, TX

SAMHSA's Supported Housing as Evidence Based Practice (February, 2014). *Center for Health Care Services*. San Antonio, TX

Texas Association for Counselor Education and Supervision (TACES) Annual Mid-Winter Conference (February, 2014). Texas Association for Counselor Education and Supervision. Austin, TX.

Mental Health First Aid Train the Trainer (January, 2014). *Center for Health Care Services (in partnership with Mental Health First Aid USA)*. San Antonio, TX.

Texas Quality Management Consortium (January, 2014). *Texas Council of Community MHMR Centers*. Austin, TX

Parent Child Interactive Therapy for Traumatized Children (December, 2013). *University of California Davis*. Web-Based Training

Illness Management and Recovery Certification (December, 2013). *University of Texas San Antonio Health Science Center*. Web-Based Training.

Texas Counseling Association 57th Annual Professional Conference (November, 2013) *Texas Counseling Association*. San Antonio, TX.

Adlerian Play Therapy (November, 2013). *Ecumenical Center for Religion and Health*. San Antonio, TX.

Texas Quality Management Consortium (September, 2013). *Texas Council of Community MHMR Centers*. Austin, TX

Department of State Health Services Certified Cognitive Behavioral Therapy Supervisor Training (August, 2013). *Center for Health Care Services*. San Antonio, TX.

Non-Suicidal Self Injury (June, 2013). *Ames High: Laurel Ridge Treatment Center*. San Antonio, TX.

Department of State Health Services Documentation Train the Trainer (June, 2013). *Center for Health Care Services*. San Antonio, TX.

Trauma Focused-Cognitive Behavioral Therapy (June, 2013). *University of Texas Health Science Center*. San Antonio, TX.

Seeking Safety Train the Trainer (February, 2013). *Center for Health Care Services*. San Antonio, TX

Texas Association for Counselor Education and Supervision (TACES) Annual Mid-Winter Conference (February, 2013). *Texas Association for Counselor Education and Supervision*. Austin, TX.

Aggression Replacement Training (January, 2013). *Center for Health Care Services*. San Antonio, TX

Child and Adolescent Strengths and Needs Assessment [CANS] Train the Trainer (December, 2012). *Department of State Health Services*. Round Rock, TX.

Treating Childhood Traumatic Grief with Trauma Focused Cognitive Behavior Therapy (November, 2012). *Medical University of South Carolina*. Web-Based Training.

Trauma Focused Cognitive Behavior Therapy (November, 2012). *Medical University of South Carolina*. Web-Based Training.

Multicultural Competence: Applying the Multicultural Counseling Competencies in Groups (November, 2011). *La Paz Community Mental Health Center, Continuing Education Series*. San Antonio, TX.

Texas Association for Counselor Education and Supervision (TACES) Annual Mid-Winter Conference (February, 2011). Texas Association for Counselor Education and Supervision. Austin, TX.

Managing Self-Harm & Suicide (November, 2010). *Ames High: Laurel Ridge Treatment Center*. San Antonio, TX.

Being Your Own Best Friend (February, 2010). *Shambala Meditation Center*. San Antonio, TX.

Recovery Centered Clinical System (October, 2009). *Telecare Corporation*. San Antonio, TX.

Ethical Boundaries: A Focus on Spirituality. (February, 2008). *Ames High: Laurel Ridge Treatment Center*. San Antonio, TX.

The Adapted Family Debriefing Model: A Post-Suicide Intervention for Survivors (January, 2007). *Ames High: Laurel Ridge Treatment Center*. San Antonio, TX.

Suicide and Life-Threatening Behaviors: Assessment and Intervention Strategies (June, 2006). *Ames High: Laurel Ridge Treatment Center*. San Antonio, TX.