

# ***San Antonio and Bexar County Veteran's Programs***

## **Hotlines**

### **Veteran Suicide Prevention Lifeline**

1-800-273-TALK (8255) Veterans press "1"  
En Espanol 1-888-628-9454

### **National Veterans Foundation Hotline**

1-888-777-4443

### **Gulf War Veteran's Hotline**

1-800-796-9699

## **Service Coordination Agencies and Programs**

### **Bexar County Veterans Services Offices**

The Bexar County Veterans Service Office (VSO) is an advocate agency established to assist veterans, their dependents and survivors obtain earned benefits from the U.S. Department of Veterans Affairs. The VSO also collaborates with local, state and federal government agencies, nationally chartered Veterans service organizations and non-profit agencies to assist clients in obtaining needed specialized services.

The Bexar County Veterans Service Office takes appointments for benefits counseling and referral services. Contact our office to set up an appointment at 210-335-6775 or by e-mail at [Vets@Bexar.org](mailto:Vets@Bexar.org).

**Website:** <http://www.bexar.org/509/Veterans-Service-Office>

### **San Antonio Coalition For Veterans and Families**

Connecting veterans, families, and caregivers with community resources.

**Website:** <http://sacvf.org/>

### **Texas Veteran's Commission**

The Texas Veterans Commission was created in 1927 as the State Service Office to assist veterans of the Indian wars, Spanish-American War and World War I. Our purpose has always been to act as the state appointed advocate of Texas veterans as they attempt to secure the benefits rightfully earned in exchange for their service in our nation's armed forces.

**Website:** <http://www.tvc.texas.gov/>

### **TexVet**

TexVet is an Initiative of the Texas A&M University Health Science Center and The Texas Department of Health and Human Services. It operates as a benefits portal, forms and services, and FAQs for veterans.

**Website:** <http://www.texvet.org/>

### **Operation Homefront**

It's a great feeling. To get relief during a crisis, a way to regain resiliency and a little bit of recognition and recurring support for a life of sacrifice. That's what we do at Operation Homefront... and it's making a difference. Financial assistance, wounded warrior care, and other programs for veterans.

**Website:** <http://www.operationhomefront.net/>

### **Catholic Charities Military Family Relief Program**

The Military Family Relief Project provides veterans and their immediate family members with emergency assistance in times of crises. Since its inception in 2008, Catholic Charities has provided hundreds of service men and women, veterans and their family members with assistance to help ease the transition from military to civilian life.

**Website:** <http://www.texvet.com/partners/catholic-charities-san-antonio>

### **Military Spouses of Strength**

Military Spouses of Strength is a national nonprofit organization with a mission to improve the health and overall wellness within the military community.

**Website:** <http://www.milspousesofstrength.org/home.html>

## **Employment and Education Services**

### **GI Jobs**

Job transition resources for veterans returning to civilian life.

**Website:** <http://www.gijobs.com/>

### **Feds Hire Vets**

Feds Hire Vets is your single site for Federal employment information for Veterans, transitioning military service members, their families, and Federal hiring officials.

**Website:** <https://www.fedshirevets.gov/>

### **Hazelwood Act**

The Hazlewood Act is a State of Texas benefit that provides qualified Veterans, spouses, and dependent children with an education benefit of up to 150 hours of tuition exemption, including most fee charges, at public institutions of higher education in Texas.

**Website:** <http://tinyurl.com/HazelwoodAct>

### **GI Bill**

Information from the VA about GI Bill benefits.

**Website:** <http://www.benefits.va.gov/gibill/>

### **College for All Texans Veterans Page**

FAQs, plans, and financial assistance for college.

**Website:** <http://tinyurl.com/CollegeForAllTexans>

### **USA Jobs**

I was told that I would be completely remiss if I didn't list the databank of federal jobs on this page. So here it is!!!

**Website:** <https://www.usajobs.gov/>

## Physical and Emotional Care

### **South Texas Veterans Health Care System (STVHCS)**

Audie L. Murphy VA Hospital, STVHCS  
7400 Merton Minter  
San Antonio, TX 78229  
210-617-5300 | 877-469-5300

Frank M. Tejeda VA Outpatient Clinic  
5788 Eckhert Road  
San Antonio, TX 78240  
Phone: 210-699-2100

Kerrville VA Medical Center, STVHCS  
3600 Memorial Blvd  
Kerrville, TX 78028  
866-487-1653

**Website:** <http://www.southtexas.va.gov/>

### **Project MEND Military and Veterans Program**

Since 2007, Project MEND has provided more than 1300 pieces of medical equipment to nearly 350 people at a value of more than \$331,431. Additionally, over \$276,000 of financial assistance has been provided to members of the veterans' community. In honor of SSG Jeremiah C. Geffre and other brave servicemen and women who have or continue to serve our country, Project MEND proudly provides services to veterans and military personnel and their families.

**Website:** <http://tinyurl.com/ProjectMendGI>

### **CPS Veteran's Discount Program**

Veterans Discount is offered for certain income qualified veterans who have a medical condition as a result of their service. Most of the applicants are former

military members who have severe burns. Qualified veterans will receive up to a \$94 monthly discount on the electric portion of their CPS Energy bill, and the program runs late spring through early fall months. Outside of those periods a veteran will need to apply for some of the other CPS energy programs, such as the Electric Affordability Discount. Verification of the medical condition is required, and will need to be recertified as needed.

**Website:** <http://tinyurl.com/CPSTXVets>

### **Vet TRIIP**

We are veterans and service providers in your community who provide proven and innovative methods, such as therapeutic massage, EFT, energy techniques, chiropractic adjustments and acupuncture, to relieve stress and chronic pain.

**Website:** <http://www.vettriip.org/>

### **Laurel Ridge Mission Resilience Program**

To fulfill our mission to serve the needs of our active duty military community, Laurel Ridge has a 60 bed unit on our peaceful 18 acre campus. This Mission Resiliency Unit is a military-specific treatment program that is exclusively designed to meet the complex, multiple needs related to the active duty service member's Post Traumatic Stress Disorder (PTSD), including Substance/Alcohol/Drug Abuse and other behavioral health issues.

**Website:** <http://laurelridgetc.com/military/>

### **Family Endeavors**

The Mission of Family Endeavors is to provide comprehensive, effective, and innovative services that empower people to build better lives for themselves, their families, and their communities. We believe in people. We believe in their capacity to grow, to heal, to change, to succeed, and to affect those around them for the better

**Website:** <https://www.familyendeavors.org/>

### **Apeiron Wellness Center, PLLC**

Aperion Wellness Center is owned by Dr. Adrian Warren, a veteran and trauma-informed therapist who specializes in and provides discounts to

veterans seeking treatment. Trauma informed care modalities, as well as holistic options such as breathwork and hypnotherapy are available.

**Website:** <http://www.seekthegrey.com/>

### **A Healing Alternative Counseling and Wellness Center**

Along with being a trauma-informed therapist, Dr. Harper is a certified applied clinical nutritionist, trained in nutritional support protocols developed specifically for veterans (namely, A Hero's Journey developed by Standard Process). If you are looking for less reliance on prescription medications, and more focus on teaching your body to heal itself, this may be work you are interested in!

**Website:** <http://www.faithgharper.com>

### **Triple H Equine Therapy**

Equine-assisted therapy (Equitherapy) uses the unique qualities of the horse to meet the unique needs of individuals with physical and mental challenges. Triple H has grants to provide no-fee services to veterans and their families, so ask about availability of these services!

**Website:** <http://www.triple-h.org/>

## **Other Veterans Specific Resources**

### **Veterans Land Benefits**

Since the days of the Republic, Texas has always supported her Veterans in return for their military service. In the early days, it was in the form of land given by the state for military service in the Texas Revolution. In 1946, this tradition was formally recognized with the creation of the Texas Veterans Land Board (VLB) to administer benefits exclusively for Texas Veterans. Since then, more than 200,000 VLB loans have been funded for Texas Veterans. For over half a century, the VLB has been keeping the promise to serve Texas Veterans.

**Website:** <http://www.glo.texas.gov/vlb/>

### **Texas Lawyers for Texas Veterans**

The State Bar of Texas and 2010-2011 State Bar of Texas President Terry Tottenham implemented Texas Lawyers for Texas Veterans (TLTV) in July 2010, to address a specific need: provide pro bono civil legal assistance to

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brave veterans and their families who otherwise cannot afford legal services. TLTV is a collaborative effort with not only local bar associations, but also with legal aid organizations and veterans service providers to host legal advice clinics throughout the state.

**Website: <http://tinyurl.com/TXLawyers4Vets>**