**TRANSGENDER/GENDER VARIANT AFFIRMING PROVIDERS & ADDITIONAL RESOURCES**

**Accoutrement**

**The Love Shack**

1580 Babcock Rd, San Antonio, TX 78229

Phone:(210) 767-9411

Locally owned by Amy Gonzalez, who is also a huge supporter of the LGBT community and SAAF. Friendly, helpful, well-trained staff. Binders, soft packs, and strap-ons, larger sized lingerie. All ages can shop here. Staff very friendly and helpful, can order anything they don’t have in stock.

<http://www.theloveshackboutique.com/>

**Adult Megaplex**

Large selection of soft packs and strap-ons. Open until 2AM daily. 18 and over shop.

<http://Megaplexsa.com>

9405 N Interstate 35 11827 San Pedro Ave

Phone: (210) 657-9999 Phone: (210) 404-0011

**Thinx**

Non-girlie period underwear for transmen (they don’t fit a soft pack but at least they aren’t lacey!)

<http://www.shethinx.com/products/boyshort>

**En Femme -**A design house and brand that makes gender-affirming clothing for the trans woman and non-binary communities. En Femme currently offers the widest range of gaffs for safe and comfortable tucking, along with tutorials and advice on tucking to help with gender dysphoria. They also carry breast forms and other accessories for transitioning individuals, including cosmetics, wigs and shoes in larger sizes.

[www.enfemmestyle.com](http://www.enfemmestyle.com/)

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**gc2b - Transitional Apparel**

gc2b offers different types of binders and has information on how to safely bind.

[https://www.gc2b.co](https://www.gc2b.co/)

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**Transthetics**

Innovative prosthetics for trans men et al. (Trans owned and operated)

[https://transthetics.com](https://transthetics.com/)

**Medically Necessary Trans AffirmingSurgery**

**Gary Lawton, MD**

525 Oak Centre Dr #260

San Antonio, Texas 78258

210-496-2639

<http://www.transgendersurgery-sanantonio.com>

**Constance M. Barone, M.D.**

San Antonio Office

[9502 Huebner Rd](https://maps.google.com/?cid=9461826149918360811)

[Bldg 2, Unit 202  San Antonio, TX 7824](https://maps.google.com/?cid=9461826149918360811)

(210) 614-0400

<https://www.baroneplasticsurgery.com/transgender-surgery>

**San Antonio Cosmetic Surgery**

**Delio Ortegon, MD**

**Michael Baumholtz, MD**

11130 Christus Hills Suite 108

San Antonio, Tx 78251

210-614-4320

<http://www.sanantoniocosmeticsurgery.net/transgender-breast-surgery-san-antonio>

**Thomas Jeneby, MD**

7272 Wurzbach Rd #801, San Antonio, TX 78240

210-270-8595

<https://drjenebyplasticsurgery.com/>

**Crane Center for Transgender Surgery**

(512) 446-9486

<https://cranects.com/>

**Sarah Saxon**

**MD Saxon MD Facial Plastic Surgery**

(512) 866-9866

<https://saxonmd.com/facial-feminization-surgery/>

**Dr. Daniel Freet, MD**

Medical Director of the Transgender Medicine & Surgery Program at UT Houston Medical School

888-4UT-DOCS

<https://www.utphysicians.com/transgender-medicine-and-surgery-program/>

**Alan Dulin, MD**

(972) 543-2477

https://thetranscenter.com

**Surgeons Worldwide Who Provide Gender Affirmation Surgeries**

https://docs.google.com/spreadsheets/d/1jqkDSpCwahWrJB5b-jfua4yQ-sMHmJZwwK6N\_XAmjbU/edit#gid=0

**Hormone Therapy**

**Kind Clinic**

Austin, TX and San Antonio, TX

1-833-WE-R-KIND (1-833-937-5463)

FAX: 833-938-5463

<http://kindclinic.org/>

**Planned Parenthood - South Texas Medical Center of San Antonio, TX**

210-736-2262

<https://www.plannedparenthood.org/>

**Alamo Area Resource Center Pride Community Clinic**

(210) 570-7318

https://www.aarcsa.com/

**Folx Health (Virtual Appts)**

www.folxhealth.com

**Dennis Oliver, MD**

MacGregor Medical Center

9969 Fredericksburg Road, San Antonio, TX 78240

(210) 690-2273

<https://www.macgregormed.com/service/oliver/>

**Arti Thangudu, MD**

210-468-1403

hello@sacomplete.com

<https://www.sacomplete.com/>

**Laura Akright, MD**

Northeast Endocrinology Associates

5000 Schertz Pkwy #200, Selma, TX 78154

(210) 650-3360

http://neendocrinology.com

**Stephanie Shaw, MD**

6500 N Mo Pac Expy # 3-200

Austin, TX 78731

(512) 458-8400

<http://www.texasdiabetes.com/about-us/our-doctors/stephanie-shaw/>

**Kate Wanstrom, FNC**

Central Family Practice

720 West 34th Street, Suite 105

Austin, TX 78705

(512) 371-9260

<http://Centralfamilypractice.com>

(Transmasculine Specialist)

**Jennifer Feldman, MD**

1415 California Road

Houston, TX 77006

(832) 548-5246

<http://legacycommunityhealth.org>

**Zest Family Medicine**

1201 Lakeline Blvd #400

Cedar Park, TX 78613

(512) 379-7272

<http://www.zestfamily.com>

**Brynna Conner, MD**

10, 2911 Medical Arts St

Austin, TX 78705

(512) 382-9500

**Lauren Pankratz, MD (hormone therapy for adolescents)**

5107 Medical Drive San Antonio, TX 78229

(210) 614-8612

<http://www.dgdclinic.com/>

**Mary J. Wray, MD (Teens and Young Adults)**

111 S Laurel Luling Ave, Luling, Texas 78648

(830) 875-6399

http://www.janewraymd.com

**The GENder Education and Care, Interdisciplinary Support (GENECIS) Program (Transgender Program)**

**Children’s Health℠ Specialty Center Dallas Campus**

214-456-5959

<https://www.childrens.com/specialties-services/specialty-centers-and-programs/endocrinology/programs-and-services/genecis-program>

**Family/Pregnancy Planning**

**Aspire Fertility**

150 E Sonterra Blvd, Ste 220

San Antonio, TX 78258

(210) 941-2250

<http://www.rmatx.com/fertility-services/lgbtq-family-building/>

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**Cryobank**

CryoChoice is the first company to offer an effective home collection kit for preserving your sperm before transitioning.  A fee of $595 covers your entire first year's cost for one sample kit.

<https://cryochoice.com/transgender_hormone_therapy.html>

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**Inclusive Surrogacy LLC**

21750 Hardy Oak Blvd #102

San Antonio, TX 78258

(210) 660-0020

<https://www.inclusivesurrogacy.com/>

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**Mental Health Counseling**

*(Individual Counseling/Assessment/Letters for Hormone Therapy or Surgery)*

Finding a therapist with a schedule opening is difficult for everyone right now. Add in the need to find someone who is competent in gender-affirming care narrows the list down significantly. Many agencies and organizations who support non-cisgender individuals maintain lists of clinicians they work with and trust, including Planned Parenthood, Kind Clinic, Pride Center of San Antonio (which also offers in-house services that include therapy and case management), and the San Antonio Gender Association. Additionally, if you are uninsured and cannot afford therapy, if you are receiving services from the Kind Clinic they contract with several therapists in the area and pay for a certain number of therapy sessions.

Additionally, the Austin based Queer and Trans Affirming Provider Certification program allows you to search in your area for a QTAP professional

https://www.contemporaryrelationships.com/

**Psychiatry**

**Eileen Smith, MD**

Northeast Medical Plaza

8800 Village Drive #200

San Antonio, TX 78217

(210) 967-0515

**Amber Monsoor, MD (Psychiatrist)**

16007 Via Shavano Ste 102

San Antonio, TX 78249

(210) 492-1666

[http://safamilypsychiatry.com](http://safamilypsychiatry.com/)

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**Jennifer Hill, PNP (Psychiatric Nurse Practitioner)**

Cantera Psychiatry

5808 Callaghan Road Ste 300

San Antonio, TX 78228

(210) 899-7176

https://[www.psychologytoday.com/us/psychiatrists/jennifer-hill-san-antonio-tx/314056](http://www.psychologytoday.com/us/psychiatrists/jennifer-hill-san-antonio-tx/314056)

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**Adina Campbell, MD (Child and Adolescent Psychiatrist)**

8300 Floyd Curl Dr.
San Antonio, TX 78229

(210) 450-6450

<https://www.uthscsa.edu/patient-care/physicians/providers/1780944942/Adina-Campbell>

**Sean Huckleberry (Psychiatric Nurse Practioner/Licensed Professional Counselor)**

(210) 796-2839

https://www.210therapy.com/

**Psychological Assessment**

**Louise O’Donnell, PhD (Pediatric Neuropsychologist)**

San Antonio, TX 78229

(210) 567-6534

**Stefanie Gray, PhD**

San Antonio, TX 78230

(210) 570-2454

<https://drstefaniegray.com/>

**Garcia's Family Wellness Clinic**

3519 Paesanos Parkway, Suite 105, Shavano Park, TX 78231

 (210) 481-4265

https://www.garciasfamilywellness.com/

**Inpatient Care and Support**

**Pride Institute**

Specializing in the treatment of Substance Abuse, Sexual Health and co-occurring Mental Health issues and their manifestations within LGBTQ+ clients.

Eden Prairie, MN

<http://pride-institute.com/>

**Starlite Recovery Freedom Program**

For those in the LGBTQIA community, addiction and recovery are complex issues. The Freedom Program addresses the unique needs of those identifying as LGBTQIA and provides hope and healing in a safe, supportive environment.

Center Point, TX

<http://www.starliterecovery.com/about/contact>

**Primary Care Physician (PCP)**

**Dennis Oliver, MD - Internist**

MacGregor Medical Center

9969 Fredericksburg Road, San Antonio, TX 78240

(210) 690-2273

<https://www.macgregormed.com/service/oliver/>

**Alamo Area Resource Center Pride Community Clinic**

(210) 570-7318

<https://www.aarcsa.com/>

**Amanda Miller, PA-C**

CentroMed Santa Rosa Clinic

(210) 922-7000

https://centromedsa.com

**Pediatrics**

**Christin Caroll, MD**

UT Health Science Center San Antonio

7703 Floyd Curl Drive

San Antonio, TX 78229

(210) 562-5324

<http://pediatrics.uthscsa.edu/residency/resident.html>

**Ryan VanRamshorst, MD**

4502 Medical Drive

San Antonio, TX 78229

(210) 358-5515

<http://www.universityhealthsystem.com/physician-directory/v/van-ramshorst-ryan>

**OB-GYN**

**Brian Harle, MD**

7711 Louis Pasteur

Suite 200

San Antonio, Texas 78229

(210) 692-9500

<http://www.sevenoakswomens.com/profile.asp?profile=3>

**Abarham Alecozay, MD**

7430 Barlite Blvd #105, San Antonio, TX 78224

(210) 922-2727

<http://www.abrahamalecozaymd.com/>

**Ilanna Loeffel, MD**

<https://sanantonioobgyn.womenshealthtx.com/>

**Women Partners in OB/GYN**

**Susan Novak**

**Michelle Villa-Olvera**

(210) 946-1300

https://www.womenpartners.com/

**Ear Nose and Throat Physician**

**Rebecca Bowen, MD**

ENT Clinics of San Antonio

926 Brooklyn Avenue

San Antonio, TX 78215

Downtown - Clinic 1 (1st floor)

Phone: 210-224-5481

<http://www.entclinicsofsa.com/ent-doctors-san-antonio-texas.html>

**Laser/Electrolysis/Hair Transplant**

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**Barely Hair**

21518 Blanco Road, Ste #105

San Antonio, TX 78260

(305) 744-1357

https://www.barelyhair-sa.com

A trans friendly permanent hair removal resource. Pre-op clearing offered.

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**Hair Free 4 Me**

16607 Blanco Road in the Park Building 12, Ste 12205 (On Blanco between 1604 and Bitters)

San Antonio, TX 78232

(210) 383-9753

https://www.hairfree4me.com

A kind, loving, professional atmosphere with highly skilled electrologists. Transgender friendly since 1976. Electrolysis with an emphasis on maintaining the healthy structure of the skin. \*Insurance accepted for gender affirming surgery hair removal. Documentation will be provided for individuals seeking to submit a claim to their insurance company for reimbursement.

**CLARIFY by Kimberly Finder, MD**

14855 Blanco Rd, Ste 403

San Antonio, TX 78216

(210) 798-2000

https://www.clarifysa.com

This company was Smooth Solutions and is now CLARIFY. Laser hair removal is provided by CLARIFY, not electrolysis. The laser techs are very comfortable with transgender beard removal and are very friendly and courteous in general.

**Westover Hills Laser Med Spa**

11345 Alamo Ranch Pkwy Unit 101

San Antonio, TX 78253

Office: (210) 463-9033

Cell: (210) 410-8324

westoverhillsmedspa.com

Laura Nelson (she/her) is a licensed esthetician in the lgbtq+ community whose goals include helping transgender people with laser hair removal and providing a welcoming and safe environment for all your esthetic needs.

**Lam Institute for Hair Restoration**

6101 Chapel Hill Blvd.

Plano, TX 75093

(972) 312-8105

<https://www.hairtx.com/hair-transplant-procedures-dallas/transgender-hair-transplant/>

Dr. Lam is experienced in transgender hair transplantation and has performed a number of male to female transgender hair transplants as well as female to male transgender hair transplants. It is his unparalleled artistry, combined with his superior technical skill and commitment to providing exceptional patient care, which has resulted in Dr. Sam Lam becoming a transgender hair transplant specialist.

**Legal Services (Name and Gender Marker Change)**

**Law Offices of Chase Gregory Jones PLLC**

832.543.4060

<https://chasejoneslaw.com/>

chase@cjonesesquire.com

**The Nichols Law Firm, PLLC**

(210)354-2300

info@TheNicholsLawFirm.com

<http://thenicholslawfirm.com/makeitofficial.php>

**University of Texas at Austin**

Trans Name and Gender Marker Project

The mission of the Trans Name & Gender Marker Project is to provide **FREE**, quality service in the process of obtaining name and/or gender-marker changes on basic forms of identification.

<https://law.utexas.edu/probono/projects/special-projects/trans-legal-name-gender-marker-project/>

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**Worship**

*Christian (Denominational-Specific and Non-Denomination)*

Dignity San Antonio (Roman Catholic)

First Unitarian Universalist Church (UU)

Good Shepherd Lutheran (Lutheran, ELCA)

Living Church at Woodlawn Point (Progressive Christian)

Madison Square Presbyterian Church (Presbyterian)

Metropolitan Community Church (MCC)

New Beginnings Lutheran Church (Lutheran)

Religious Society of Friends in San Antonio (Quaker)

River City Living Church (Non-Denominational)

Spirit of Peace Church -- Progressive Christian

Soul Force (Non-Denominational Christian Activist Group)

The Church of Reconciliation – Episcopal

Travis Park United Methodist Church (United Methodist)

*Other Affirming Places of Worship*

Baha’i Center of San Antonio

Celebration Circle (Multi-Faith Community)

San Antonio Zen Center (Zen Buddhism)

Shambhala Center of San Antonio (Shambhala [Tibetan] Buddhism)

Rissho Kosei-Kai Dharma Center (Ekayana Buddhism)

Temple Beth-El (Judaism)

**Support Groups**

**Pride Center San Antonio**

**The Center offers multiple services including peer led support groups, clinically led group therapy, individual therapy and case management services.**

[http://pridecentersa.org/](http://pridecentersa.org/programs/peer-support-groups/)

**San Antonio Gender Association** – (SAGA) is a support group for Transsexual, Transgender and Gender Variant individuals. We also welcome significant others, family, friends and allies.

<http://www.sagender.com>

**Fiesta Youth** – Fiesta Youth is a youth program in the San Antonio TX area for lesbian, gay, bi-sexual, transgender, and queer youth and their allies. The mission of Fiesta Youth is to provide a safe, non-judgmental, affirming place for LBGTQ young people to express and explore who they are through education, peer-support, advocacy and friendship. We hope to empower youth to build a future where ALL people are accepted and loved as they are so that they may become successful and contributing members of the community.

<http://www.fiesta-youth.org>

**PFLAG SA**

Parents, families, friends, and allies of lesbians and gays meet first Thursday of the month at 7PM at University Presbyterian Church.

<https://pflagsanantonio.org/>

**Other Community Resources**

**Pride Center of San Antonio** –The mission of Pride Center San Antonio is to serve the lesbian, gay, bisexual, transgender and HIV communities by connecting them and their families to community resources and organizations related to health, wellness, support, education, activities, and advocacy.

<http://pridecentersa.org>

**Transgender Education Network of Texas** –The Transgender Education Network of Texas (TENT) is an organization dedicated to furthering the gender diverse equity in the State of Texas. We work to accomplish this through education and networking in both public and private forums. Through our efforts we strive to halt discrimination through social, legal, legislative and corporate education.

<http://www.transtexas.org>

**Project Embrace** –Project Embrace:  Families, Advocates and Allies Mission is to improve outcomes and enrich the lives for LGBTQ youth in and out of foster care, by providing education and training to individuals within our community, child care placing agencies and school systems.

<http://www.projectembracesa.org>

**Thrive Youth Center Inc.** – Our mission is to provide a safe and supportive center for homeless LGBTQ youth so they may become productive, skilled, educated and successful adults with the ability, opportunity and possibility of achieving their dreams.

<http://www.thriveyouthcenter.com/#!the-project/ceu8>

**National Resources**

**WPATH Standards of Care** – The World Professional Association for Transgender Health promotes the highest standards of health care for individuals through the articulation of Standards of Care (SOC) for the Health of Transsexual, Transgender, and Gender Nonconforming People. The SOC are based on the best available science and expert professional consensus.

<http://www.wpath.org/site_page.cfm?pk_association_webpage_menu=1351&pk_association_webpage=3926>

**Trans Youth Family Allies** – TYFA empowers children and families by partnering with educators, service providers and communities, to develop supportive environments in which gender may be expressed and respected.

<http://www.imatyfa.org>

**Transsexual documentary: "I Am Jazz: A Family in Transition." From the OWN network:**

<https://www.youtube.com/watch?v=M28AiP83_7k&list=PLE9E95D3F2496B1EA>

**Gender-identity friendly Books for Young Kids:**

<http://hrc-assets.s3-website-us-east-1.amazonaws.com//welcoming-schools/documents/WS_Gender-Identity-Elementary-Students-Books-2015.pdf>

**Gender-identity books to assist Adults in understanding:**

<http://hrc-assets.s3-website-us-east-1.amazonaws.com//welcoming-schools/documents/Welcoming-Schools-Gender-Identity-Books-for-Adults.pdf>

**Robina Asti Wins an Important Legal Battle for Transgender Couples:**

<http://www.people.com/article/robina-asti-transgender-social-security-survivor-benefits>

<https://www.youtube.com/watch?v=mkHx_2dpEbw>

**Gender Spectrum** - To help create gender sensitive and inclusive environments for all children and teens.

<https://www.genderspectrum.org>

**TRANS LIFELINE** – Trans Lifeline is a non-profit dedicated to the well being of transgender people. We run a hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to whatever support needs members of our community might have.

<http://www.translifeline.org>

**Trans** –Trans is an extraordinary documentary feature about men and women, and all the variations in between. It is about the transgender community, perhaps the most misunderstood and mistreated minority in America and around the world. Inspired by the incredible story of Dr. Christine McGinn and her work as a transgender surgeon.

[http://www.amazon.com/gp/product/B00KEM3RBS/ref=pd\_cbs\_mov\_aiv\_1](http://www.amazon.com/gp/product/B00KEM3RBS/ref%3Dpd_cbs_mov_aiv_1)

**Conversations With A Gender Therapist:**

<https://www.facebook.com/darahoffmanfoxlpc?fref=nf>

**Camp Aranu’tiq** – We build confidence, resilience, and community for transgender & gender variant youth and their families through camp experiences. California and New Hampshire

<http://www.camparanutiq.org/>

**Growing up Trans:**

<http://www.pbs.org/wgbh/pages/frontline/growing-up-trans/>

**Born this way: Stories of young transgender children**

<http://www.cbsnews.com/news/born-this-way-stories-of-young-transgender-children/>

**Trevor Project:** Founded in 1998 by the creators of the Academy Award®-winning short film TREVOR, The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.

<http://www.thetrevorproject.org>

**Lambda Legal** is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and those with HIV through impact litigation, education and public policy work. **Legal Help Line 1-866-542-8336**.

<http://www.lambdalegal.org>

**Companies That Specialize In Transmasculine and Gender Nonconforming Fashion**

https://www.dapperq.com/2013/10/store-guide-our-list-of-best-places-to-shop/

**Information About Gender Confirmation Medical Treatments**

**TRANSGENDER HORMONE REPLACEMENT THERAPY – HRT GUIDE 101 (OESTROGEN & TESTOSTERONE)**

<http://www.transgenderhub.com/transgender-hormone-replacement-therapy-hrt-guide-101-oestrogen-testosterone/>

**Interested in Having Gender-Affirming Surgery? Keep These Four Pieces of Advice in Mind**

<http://www.thebody.com/content/80061/interested-in-having-gender-affirming-surgery-keep.html>

**Insurance Coverage**

The Affordable Care Act (ACA) did provide some long-overdue changes that have helped more transgender people get equal coverage. Previously, transgender patients were often denied coverage on the basis of a pre-existing condition, but the ACA has prohibited the denial of coverage on that basis. The health care law also prohibits sex discrimination, and in 2012, the Department of Health and Human Services clarified in a letter that this provision does indeed apply to transgender people. (More information on health care rights and how to file a complaint can be found here: <http://transequality.org/know-your-rights/healthcare>)

By the end of 2014, eight states had banned insurance companies from explicitly excluding surgeries for transgender people, and a few states even began offering coverage through Medicaid.

1/3 of insurance companies provide coverage for gender confirmation surgery.

<http://www.cheatsheet.com/personal-finance/these-insurers-offer-transgender-health-care-coverage.html/?a=viewall>

*\*Resources complied by Adam A. Sauceda, MA, LPC-S, NCC and Dr. Faith Harper, LPC-S, ACS, ACN*