

# MASH YOUR 2025 GOALS!

## New Healthy Habit to Start

1.	
2.	
3.	
4.	

## New Hobby To Try

1.	
2.	
3.	
4.	

## Old Project to Finish

	NAME	NUMBER
1.		
2.		
3.		
4.		

## New Trip to Take

	NAME	NUMBER
1.		
2.		
3.		
4.		

## New Project to Start

1.		NUMBER
2.		
3.		
4.		

## Old Unhelpful Habit to Unlearn

	NAME	NUMBER
1.		
2.		
3.		
4.		

## The Spiral Decider